

## A program to help fathers improve their relationships with their children

- Develop skills to cope with frustrating situations
- Learn to recognize and change controlling and abusive behavior
- Understand how different fathering strategies and choices affect children
- Increase awareness of controlling, abusive and neglectful attitudes and behaviors
- Understand strategies to strengthen father-child relationships

14 Weekly Sessions
Tuesdays; starting September 19, 2017
(Ending on December 19, 2017)
6:00pm to 8:00pm

Fee for Service

CFS Hamilton 447 Main Street East, Unit 201 Hamilton, ON L8N 1K1

For more information and our program referral form, please visit www.cfshw.com - Our Programs - Caring Dads or call 905-527-3823 x279 and speak with our Intake specialists

