

MIDDLE SCHOOL SWIM MEETS – 2018
McMaster University Ivor Wynne Centre Pool
Monday, April 30th
Wednesday, May 2nd
Friday, May 4th

- IMPORTANT**
1. **Marshalling Route – swimmers will proceed to poolside by way of the WEST stairs.**
 2. **All shallow end starts must take place from a position in the pool rather than a dive entry. Therefore, freestyle relays will begin in the deep end. Backstroke events will begin in the shallow end.**
 3. **If you have any special needs participants, please inform Athletics a week in advance of your meet.**

The meet format is intended to emphasize fun and participation.

In order that the program may be conducted with fairness and in an efficient manner, please see that the following criteria are carefully observed:

1. Age divisions are as follows:

Grade 6
Grade 7
Grade 8

PLEASE NOTE THIS ENTRY PROCEDURE

Coaches are asked to refer to the contestant form (attached) to determine the number of entries permitted for each event. Each competitor/relay team **must** have an event card made out in order to compete. Cards are available at the coaches meeting or thereafter from the Athletics Office (905) 521-2521. **ONLY ONE CARD IS NECESSARY FOR RELAY TEAMS.** Last minute changes may be made by the swimming coach by simply altering the swim card. These cards will be carried by the entrant to the pool deck for collection.

2. The number of schools participating will determine the number of meets held. As there is now a strict limit on the capacity in the building, which includes swimmers, coaches, spectators and meet officials. Therefore to meet capacity requirements there will be approximately 7 schools in each meet. Participating schools will be arranged in divisions by population. Schools will be informed of the date and time of the meet in which they will participate as soon as possible.

The meets will take place on Monday, April 30th, Wednesday, May 2nd, and Friday, May 4th, at 9:30 a.m. and 1:00 p.m.

3. Each competitor may enter **one of each** of the following events:

- Freestyle
- Backstroke
- Relay
- Medley relay

No competitor is to be entered any more than once in each of these four events.

4. **SCORING:** The system for scoring is as follows for individual events: **1st** – 7 points; **2nd** – 5 points; **3rd** – 4 points; **4th** – 3 points; **5th** – 2 points; **6th** – 1 point. For relays, the points will be doubled. TIES – points will be awarded equally.

5. **TIMING:** Each event will be broken into heats, with each competitor in each heat timed. At the conclusion of the heats for each event, the six fastest times will determine the top six swimmers for that event. It is, therefore, a swimmers time that will determine his/her **overall** event placing, **not** his/her placement in the heat.

5. **AWARDS:**

Divisional Championship Pennants will be presented to the winning school in each of the following categories: Overall Girls; Overall Boys; Overall School.

Pennants are to be kept by the schools for permanent display.

EVENT WINNERS: 1st place, 2nd and 3rd place – ribbons (NOTE: awards are not presented to heat winners, only event winners.)

6. **SWIM PRACTICES:** To be eligible for participation in the swim meet, school teams must have participated in a minimum of four (4) practices. Practice time is available at various city pools and will be booked at the coaches' meeting. It is the responsibility of the coach to assure participants can swim the distance safely. Make sure that you go to the pool prepared to time your **OWN** swimmers.
7. School representatives must accompany competitors, and will be responsible for general discipline of their pupils in the stands. Please sit with your team. Teachers in charge must see that competitors report to the marshalling area on time.
8. We hope that good sportsmanship will prevail among swimmers and spectators. Spectators and competitors in the stands are asked to cheer in a positive manner. Please refrain from using any artificial noisemakers such as drums and whistles.

9. All competitors are to change and wait on deck for their event. Please remind all swimmers to bring their belongings with them after changing and keep their belongings with them throughout the meet. When their event is called, they are to proceed with their event card to the marshalling area.
10. Coaches are asked to please pick up their awards at the end of the meet.
11. Competitors are expected to swim in their appropriate age category. A student can be moved to a higher age category however cannot be moved to a lower age category.
12. **NOTE: The order for the Medley Relay is: Backstroke; Butterfly; Breaststroke; Freestyle. THE MEDLEY RELAY BEGINS IN THE BULKHEAD END OF THE POOL – THIS IS THE ONLY RELAY THAT DOES.
AN “ORDER OF EVENTS” IS ATTACHED.**

NOTE FOR COACHES- MCMASTER

1. Please arrive at the pool at least 30 minutes prior to the start of the meet.
2. Teams will enter the pool area at the front of the Ivor Wynne building. Upon entry, teams will be greeted by students who will escort them to the changerooms. Spectators will proceed to the seating area.
3. The seating arrangements at the swim meets:
 - Swimmers and coaches will be seated on the deck. Please limit personal belongings as space will be limited
 - Spectators will be seated in the gallery.
 - Changerooms and washrooms can be accessed from the deck.
 - Swimmers who are competing will move to the marshalling area (shallow end) along the deck of the pool.
 - Swimmers who have finished racing will exit the pool via the closest set of stairs and return to their school.
 - Please have swimmers wearing footwear as much as possible. Footwear and towels cannot be brought to the marshalling area

QUESTIONS? -- Call the Athletic Department – 905- 521-2521