

PM

SOSSA. 2011 - 19/05/2011

Track and Field
Mohawk Sports Park
Results

Women 100 Meter Dash Midget

Name	Year School	Seed	Prelims	H#
Preliminaries				
1 Brooke Boekestyn	Heritage Chr	13.14	13.28q	1
2 Nicole Luciano	Myer, A.N.	13.19	13.31q	2
3 Erica Hubert	Crossley	13.48	13.44q	1
4 Kristen Davidson	Sherwood	13.40	13.55q	2
5 Naomi Ashley	Saltfleet	13.60	13.62q	1
6 Erica Wu	Westmount	13.62	13.91q	2
7 Chinwe nwebube	Great Lakes	13.90	13.93q	1
8 Julie Dion	Churchill, S	13.86	14.00q	1
9 Marissa Leavens	Crossley	14.35	14.03	2
10 Tiffany Ross	Crossley	14.03	14.21	1
11 Kristina McLaren	Laura Secord	13.86	14.35	2
12 Brianna Newell	Notre Dame C	14.30	14.38	1
13 Veda Nickel	Highland		14.40	2
14 Brittany Vanderlaan	Saltfleet	13.99	14.42	2
-- Monique Brown	Denis Morris	13.98	DNF	2

Women 100 Meter Dash Midget

Name	Year School	Prelims	Finals
Points			
Finals			
1 Nicole Luciano	Myer, A.N.	13.31	13.13 6
2 Brooke Boekestyn	Heritage Chr	13.28	13.27 4
3 Kristen Davidson	Sherwood	13.55	13.43 3
4 Naomi Ashley	Saltfleet	13.62	13.47 2
5 Erica Hubert	Crossley	13.44	13.48 1
6 Erica Wu	Westmount	13.91	13.67
7 Chinwe nwebube	Great Lakes	13.93	13.84
8 Julie Dion	Churchill, S	14.00	14.09

Women 200 Meter Dash Midget

Name	Year School	Seed	Finals	H#
1 Brooke Boekestyn	Heritage Chr	27.59	27.11	2

2	Nicole Luciano	Myer, A.N.	27.11	27.14	2
4					
3	Kylie Hopkins	Highland	27.05	27.55	2
3					
4	Kristen Davidson	Sherwood	28.00	28.37	2
2					
5	Chinwe nwebube	Great Lakes	29.24	28.63	2
1					
6	Mary Soppitt	Eden High Sc	29.69	29.03	1
7	Carlie Smith	Grimsby Dss	30.03	29.48	1
8	Annie Dewar	Denig Morris	29.48	29.49	2
9	Taylor Reichheld	Hagersville	30.29	29.70	1
10	Cassie Paccanaro	Cayuga Ss-Ca	29.80	29.78	1
11	Emma Greaves	Highland		30.19	1
12	Brittany Vanderlaan	Saltfleet	29.41	30.27	2
13	Brenna Ward	Crossley	30.91	30.62	1
14	Samantha Nauta	Crossley	31.79	31.38	1
15	Victoria McKinney	Saltfleet	29.52	31.75	2

Women 400 Meter Dash Midget

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	Name	Year School	Seed	Finals	H#
Points	=====				
=====					
1	Kylie Hopkins	Highland	1:04.08	1:05.18	2
6					
2	Katherine Majerovich	Grimsby Dss	1:07.57	1:05.95	2
4					
3	Ashling Dano	St. Francis	1:07.06	1:07.36	2
3					
4	Kristen Noordam	Hamilton Dis	1:08.16	1:07.95	2
2					
5	Brenna Ward	Crossley	1:09.56	1:08.63	2
1					
6	Cassie Paccanaro	Cayuga Ss-Ca	1:08.24	1:08.69	2
7	Emily Beatty	Laura Secord	1:10.61	1:09.09	1
8	Lavinia Lindsay	St. Michael	1:10.30	1:09.89	1
9	Alexia Rookwood	Orchard Park	1:10.04	1:10.77	2
10	Amber Kilpatrick	SOGS	1:12.15	1:11.00	1
11	Victoria McKinney	Saltfleet	1:14.04	1:11.04	1
12	Jessie Robertson	South Lincol	1:13.80	1:12.56	1
13	Samantha Nauta	Crossley	1:13.42	1:12.57	1

Women 800 Meter Run Midget

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	Name	Year School	Seed	Finals	
Points	=====				
=====					
1	Megan Rempel	Crossley	2:38.68	2:21.69	6
2	Zoe Abbott-Tate	Centennial S	2:38.67	2:27.12	4
3	Laura Korsmit	Holy Cross H	2:29.38	2:28.92	3
4	Emily Thomson	Churchill, S	2:35.09	2:32.29	2
5	Breanna Ianiero	Eden High Sc	2:38.63	2:32.65	1

6	Natalie Stacey	Westdale	2:35.00	2:37.35
7	Maya Amoah	Westdale	2:46.67	2:40.15
8	Emily Lawson	Grimsby Dss	2:54.98	2:46.05
9	Yinze Xu	Westdale	2:45.45	2:46.42
10	Mary Wuhlar	St. Catharin	2:49.82	2:47.78
11	Jessica Garrett	Stamford Cvi	2:59.56	2:54.32
12	Maddy Bak	Highland	2:53.28	2:56.60
13	Emily Snook	Myer, A.N.	2:59.06	3:00.87
14	Crystal Fox	Cayuga Ss-Ca	3:02.58	3:01.92

Women 1500 Meter Run Midget

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Name	Year	School	Seed	Finals	
Points	=====				
===					
1	Megan Rempel	Crossley	5:12.96	4:53.47	6
2	Zoe Abbott-Tate	Centennial S	5:13.64	5:04.30	4
3	Laura Korsmit	Holy Cross H	5:01.53	5:06.83	3
4	Kristen Kuhn	Ridge-Cr HS	5:20.88	5:12.73	2
5	Natalie Stacey	Westdale	5:27.78	5:17.70	1
6	Breanna Ianiero	Eden High Sc	5:27.67	5:18.71	
7	Emily Thomson	Churchill, S	5:27.53	5:33.02	
8	Yinze Xu	Westdale	5:38.24	5:36.00	
9	Elise Wiley	Churchill, S	5:30.15	5:41.11	
10	Maya Amoah	Westdale	5:42.35	5:43.32	
11	Aynsley Maves	Myer, A.N.	5:45.53	5:45.63	
12	Alyssa Woodhouse	Denis Morris	5:48.14	5:46.99	
13	Julia Roglich	Westdale	5:42.30	5:47.68	
14	Kathleen Macdonald	Ancaster Hig	5:43.79	5:49.59	
15	Adrianna Garisto	St. Paul HS	5:47.86	6:17.03	

Women 3000 Meter Run Midget

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Name	Year	School	Seed	Finals	
Points	=====				
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1	Kristen Kuhn	Ridge-Cr HS	11:25.06	11:10.51	6
2	Lauren Locco	Westmount	11:44.91	11:35.21	4
3	Elise Wiley	Churchill, S	12:02.42	12:05.07	3
4	Alyssa Staples	Notre Dame C	12:44.73	12:31.75	2
5	Alyssa Woodhouse	Denis Morris	12:49.25	12:36.19	1
6	Rachel Laurat	Ancaster Hig	14:41.61	12:45.72	
7	Aynsley Maves	Myer, A.N.	13:27.20	12:47.01	
8	Olivia Gallagher	Blessed Trin	13:14.91	13:01.21	
9	Leah Mills	Blessed Trin	13:51.07	14:39.89	

Women 80 Meter Hurdles Midget

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Name	Year	School	Seed	Prelims	H#
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Preliminaries					
1	Beth Thorne	Centennial S	13.49	13.12q	2
2	Naomi Ashley	Saltfleet	14.10	13.28q	1

3	Samantha Laskey	Centennial S	14.73	14.14q	1
4	Rachel Eagles	Beamsville D	14.82	15.10q	2
5	Kayla Bittner	Beamsville D	14.98	15.23q	2
6	Arden Fairbrother	Grimsby Dss	15.25	15.32q	1
7	Christina Weber	Grimsby Dss	15.69	15.68q	1
8	Sarah Donoff	Highland	16.28	15.78q	1
9	Erin Kis	Crossley	16.38	15.80	1
10	Abi Arnold	Cayuga Ss-Ca	16.51	15.86	1
11	Shannon Kessler	Sir Allan Ma	16.38	15.94	2
12	Chelsea VanderMeer	Hamilton Dis	16.29	15.96	2
13	Miranda Stewart	Cayuga Ss-Ca	15.99	16.20	2
14	Kristina McLaren	Laura Secord	16.13	19.15	2

Women 80 Meter Hurdles Midget

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Name	Year School	Prelims	Finals	
Points				
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Finals				
1	Naomi Ashley	Saltfleet	13.28	12.81 6
2	Beth Thorne	Centennial S	13.12	13.25 4
3	Rachel Eagles	Beamsville D	15.10	14.73 3
4	Sarah Donoff	Highland	15.78	14.93 2
5	Arden Fairbrother	Grimsby Dss	15.32	15.14 1
6	Kayla Bittner	Beamsville D	15.23	15.24
7	Christina Weber	Grimsby Dss	15.68	15.54

Women 300 Meter Hurdles Midget

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Name	Year School	Seed	Finals	H#
Points				
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6	1 Beth Thorne	Centennial S	53.81	51.87 2
4	2 Katherine Majerovich	Grimsby Dss	56.45	53.13 2
3	3 Arden Fairbrother	Grimsby Dss	55.93	53.43 2
2	4 Carlie Smith	Grimsby Dss	56.99	54.28 1
1	5 Kayla Bittner	Beamsville D	56.28	54.59 2
	6 Brenna Ward	Crossley	55.59	54.61 2
	7 Shannon Kesler	Sir Allan Ma	57.16	55.15 1
	8 Charlotte Whelan	Highland	57.89	55.32 1
	9 Courtney Steingart	Crossley	59.59	56.37 1
	10 Morgan Jacques	Grimsby Dss	56.97	56.52 2
	11 Abi Arnold	Cayuga Ss-Ca	59.36	57.25 1
	12 Danielle Barrett	Sir Allan Ma	57.82	58.38 1
	13 Mary Korten	Ridge-Cr HS	1:00.81	1:02.41 1

Women 4x100 Meter Relay Midget

Points	School	Seed	Finals	H#
6	1 Highland 'A'	54.77	54.67	2
4	2 E. L. Crossley S S 'A'	56.95	54.96	2
3	3 Dunnville S S 'A'	57.83	56.63	2
2	4 Grimsby D S S 'A'	57.28	57.59	2
1	5 Denis Morris H S 'A'	57.83	57.64	2
	6 Saltfleet 'A'	59.79	58.95	2
	7 Hamilton District 'A'	59.54	59.27	2
	8 Blessed Trinity H S 'A'	1:00.38	59.59	1
	9 Waterdown 'A'	1:01.01	1:00.51	1
	10 St. Francis S S 'A'	1:01.22	1:00.61	1
	11 Port Colborne H S 'A'	1:02.30	1:00.72	1

Women High Jump Midget

Points	Name	Year School	Seed	Finals	H#
	1 Emily Snook	Myer, A.N.	1.40m	1.45m	6
	2 Julie Dion	Churchill, S	1.35m	1.40m	4
	3 Breanna Ianiero	Eden High Sc	1.30m	1.35m	3
	4 Courtney MacNiven	Blessed Trin	1.30m	J1.35m	
1.50	4 Marissa Leavens	Crossley	1.45m	J1.35m	
1.50	6 Miryam Mihelcic	Blessed Trin	1.30m	J1.35m	
	7 Charlotte Whelan	Highland	1.30m	1.30m	
	8 Samantha Visser	Churchill, S	1.40m	J1.30m	
	9 Brianna Newell	Notre Dame C	1.40m	1.25m	
	-- Erica Wu	Westmount	1.40m	NH	

Women Long Jump Midget

Points	Name	Year School	Seed	Finals	H#
	1 Lauren Hines	Dunnville SS	4.65m	4.46m	6
	2 Rachel Eagles	Beamsville D	4.22m	4.42m	4
	3 Morgan Jacques	Grimsby Dss	4.19m	4.41m	3
	4 Taylor Reichheld	Hagersville	4.16m	4.36m	2
	5 Kristen Noordam	Hamilton Dis	4.37m	4.32m	1
	6 Annie Dewar	Denis Morris	3.96m	3.98m	
	7 Sarah Donoff	Highland	4.13m	3.97m	

8	Emily Beatty	Laura Secord	3.96m	3.81m
9	Mary Soppitt	Eden High Sc	4.07m	J3.81m
10	Erica Wu	Westmount	4.22m	3.78m
11	Jenna Moffat	Orchard Park	3.87m	3.75m
12	Christina Kloet	Hamilton Dis	3.98m	3.66m
13	Shannon Cowan	Dunnville SS	3.95m	3.60m
14	Lauren Demers	Crossley	3.85m	3.53m
15	Chelsey Davies	Crossley	4.09m	3.37m

Women Triple Jump Midget

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Name	Year School	Seed	Finals
1 Lauren Hines	Dunnville SS	9.45m	10.32m 6
2 Amanda Reid	Lakeshore CH	9.75m	9.82m 4
3 Morgan Jacques	Grimsby Dss	9.93m	9.75m 3
4 Rachel Eagles	Beamsville D	9.01m	9.72m 2
5 Emily Beatty	Laura Secord	9.42m	9.61m 1
6 Monica Pisani	Notre Dame C	9.28m	9.40m
7 Christina Weber	Grimsby Dss	9.11m	9.29m
8 Marissa Leavens	Crossley	9.19m	9.12m
9 Kinsley Child	Churchill, S	9.12m	9.03m
10 Erica Hubert	Crossley	9.27m	8.90m
11 Chelsea VanderMeer	Hamilton Dis	8.65m	8.67m
12 Victoria McKinney	Saltfleet	7.86m	8.10m
13 Rachel Laurat	Ancaster Hig	8.31m	7.92m
14 Olivia Hordyk	Guido de Bre	7.78m	7.74m

Women Shot Put 4 kg Midget

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Name	Year School	Seed	Finals
1 Nicole Vannatter	Port Colborn	8.15m	8.44m 6
2 Patricia Croft	Notre Dame C	8.16m	8.31m 4
3 Leanne Collison	St. Francis	8.01m	8.13m 3
4 Jazmine Kikert-Libeau	Port Colborn	8.02m	7.93m 2
5 Paige Montgomery	Lakeshore CH	8.00m	7.88m 1
6 Caitlin Duck	Smithville D	7.32m	7.67m
7 Carley Cumming	Highland	7.66m	7.60m
8 Rebecca Short	Grimsby Dss	7.30m	7.03m
9 Chanelle deBoer	Guido de Bre	6.40m	6.80m
10 Kyndra Hughes	Highland	7.61m	6.77m
11 Carly Prince	Dunnville SS	7.48m	6.75m
12 Danielle Barrett	Sir Allan Ma	7.15m	6.57m
13 Miranda Biekse	Blessed Trin	6.95m	6.50m
14 Angelica Anderson	Eden High Sc	6.42m	6.31m
15 Montana Roberston	Sir Winston	6.34m	6.16m

Women Discus Throw 1 kg Midget

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Name	Year School	Seed	Finals
1 Jazmine Kikert-Libeau	Port Colborn	24.80m	26.93m 6
2 Jessica Detlor	Ridge-Cr HS	22.95m	26.01m 4
3 Taylor Hartwick	Cayuga Ss-Ca	22.30m	23.45m 3
4 Nicole Vannatter	Port Colborn	23.39m	23.14m 2
5 Taylor Rawlinson	Saltfleet	20.84m	22.03m 1
6 Rebecca Short	Grimsby Dss	21.26m	21.05m
7 Lauren Bacon	Ridge-Cr HS		19.74m
8 Miranda Bieksa	Blessed Trin	16.64m	17.10m
9 Leanne Collison	St. Francis	18.22m	16.99m
10 Kyndra Hughes	Highland	15.86m	16.42m
11 Chanelle deBoer	Guido de Bre	14.26m	15.99m
12 Marissa Benjamin	Smithville D	12.34m	11.78m

Women Javelin Throw 600g Midget

Name	Year School	Seed	Finals
1 Taylor Rawlinson	Saltfleet	20.38m	24.75m 6
2 Jazmine Kikert-Libeau	Port Colborn	28.75m	23.47m 4
3 Emily Snook	Myer, A.N.	19.72m	21.73m 3
4 Patricia Croft	Notre Dame C	22.77m	21.25m 2
5 Zoe Yakubiw	Laura Secord	22.72m	20.25m 1
6 Annie Dewar	Denis Morris	18.69m	19.39m
7 Hayley Pinfold	Denis Morris	19.39m	19.00m
8 Kyndra Hughes	Highland	14.43m	17.80m
9 Sara Veenhof	Smithville D	12.47m	15.92m
10 Danielle Barrett	Sir Allan Ma	14.33m	15.07m
11 Katherine Pilon	Guido de Bre	16.18m	14.21m
12 Chanelle deBoer	Guido de Bre	18.13m	13.81m
-- Lauren Bacon	Ridge-Cr HS	18.97m	FOUL
-- Rebecca Short	Grimsby Dss	17.05m	FOUL

Women 100 Meter Dash Junior

Name	Year School	Seed	Prelims	H#
Preliminaries				
1 Nicole Morrison	Westdale	13.08	13.06q	2
2 Annemarie Yeboah	Guido de Bre	12.83	13.16q	1
3 Grace Hoskin	Parkside	13.32	13.32q	2
4 Denise Vansydenborgh	Guido de Bre	13.34	13.33q	1
5 Alex Carriero	Myer, A.N.	13.54	13.47q	1
6 Stefanie Kieft	Guido de Bre	13.63	13.74q	2
7 Jessica Hutchinson	Blessed Trin	13.95	14.07q	1
8 Jessica Minor	Ridge-Cr HS	13.74	14.16q	2
9 Tori Lane Badawey	Jean Vanier	13.91	14.17	1
10 Lexi Rudlin	Grimsby Dss	14.16	14.19	2
11 Kelly Uskin	St. Francis	14.69	14.49	2
12 Ashley Njeru	St. Paul HS	14.31	14.53	1
13 Yvonne Vaillancourt	South Lincol	14.65	14.74	1

14	Hailey Gaio	Holy Cross H	14.73	14.95	2
15	Natalia Ristic	Centennial S	14.07	15.21	2

Women 100 Meter Dash Junior

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Name	Year School	Prelims	Finals		
Points					
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Finals					
1	Annemarie Yeboah	Guido de Bre	13.16	12.91	6
2	Nicole Morrison	Westdale	13.06	13.02	4
3	Denise Vansydenborgh	Guido de Bre	13.33	13.31	3
4	Grace Hoskin	Parkside	13.32	13.43	2
5	Stefanie Kieft	Guido de Bre	13.74	13.47	1
6	Alex Carriero	Myer, A.N.	13.47	13.52	
7	Jessica Hutchinson	Blessed Trin	14.07	13.85	
8	Jessica Minor	Ridge-Cr HS	14.16	13.87	

Women 200 Meter Dash Junior

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Name	Year School	Seed	Finals	H#	
Points					
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1	Annemarie Yeboah	Guido de Bre	26.37	26.75	2
6	2 Nicole Morrison	Westdale	26.79	27.08	2
4	3 Grace Hoskin	Parkside	26.90	27.58	2
3	4 Denise Vansydenborgh	Guido de Bre	27.66	28.03	2
2	5 Stefanie Kieft	Guido de Bre	27.68	28.58	2
1	6 Jessica Minor	Ridge-Cr HS	28.80	29.00	2
	7 Sara Waring	Grimsby Dss	30.01	29.37	1
	8 Maja Mihelcic	Blessed Trin	29.23	29.42	2
	9 Lexi Rudlin	Grimsby Dss	30.41	29.79	1
	10 Madison Maurice	Notre Dame C	29.32	30.12	2
	10 Nathalie Belanger	Crossley	30.37	30.12	1
	12 Natalie Johns	St. Paul HS	29.97	30.22	1
	13 Natalie Zima	Blessed Trin	30.67	30.43	1
	14 Katie Cheliak	Denis Morris	31.49	31.41	1
	15 Shannen Weaver	Port Colborn	32.46	32.81	1

Women 400 Meter Dash Junior

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Name	Year School	Seed	Finals	H#	
Points					
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=====					
1	Madison Clarke	West Park	1:01.20	1:00.24	2

2	Mikaela Eng	Sherwood	1:01.85	1:01.50	2
4					
3	Rebecca Vis	Guido de Bre	1:04.49	1:03.64	2
3					
4	Courtney Bennett	Crossley	1:04.96	1:03.67	2
2					
5	Brooke-Lyn Murdoch	Jean Vanier	1:06.69	1:03.97	2
1					
6	Logan Boyd	Waterdown	1:06.01	1:06.24	2
7	Jessica Minor	Ridge-Cr HS	1:09.83	1:07.59	1
8	Selena Chivalan	Denis Morris	1:08.91	1:07.98	1
9	Vanessa Jansema	Guido de Bre	1:07.46	1:08.02	2
10	Luisa Marval	Crossley	1:09.61	1:09.24	1
11	Taylor Jauernig	Grimsby Dss	1:11.22	1:11.14	1
12	Taylor Cotnam	Denis Morris	1:12.22	1:12.34	1
13	Shannen Weaver	Port Colborn	1:14.43	1:14.43	1
14	Alex Celetti	Denis Morris	1:15.29	1:14.51	1

Women 800 Meter Run Junior

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	Name	Year School	Seed	Finals	
Points					
1	Madison Clarke	West Park	2:31.51	2:26.00	6
2	Heather Summers	Westdale	2:30.63	2:26.73	4
3	Talasia Eizenga	Churchill, S	2:38.81	2:31.74	3
4	Sabrina Waller	St. Michael	2:41.70	2:34.22	2
5	Leah Elgersma	Guido de Bre	2:42.50	2:35.77	1
6	Kathleen Sherwin	Centennial S	2:50.70	2:38.82	
7	Logan Boyd	Waterdown	2:39.55	2:39.69	
8	Meredith Obrien	Crossley	2:49.30	2:39.87	
9	Rachel Wachner	Blessed Trin	2:44.97	2:40.42	
10	Selena Chivalan	Denis Morris	2:43.86	2:40.49	
11	Melissa Teichgraf	Eden High Sc	2:49.81	2:42.01	
12	Hayley Crossing	Waterdown	2:50.08	2:42.20	
13	Luisa Marval	Crossley	2:52.30	2:47.40	
14	Shannen Weaver	Port Colborn	3:03.00	3:03.64	

Women 1500 Meter Run Junior

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	Name	Year School	Seed	Finals	
Points					
1	Phoebe Cseresnyes	Westdale	4:56.08	4:52.47	6
2	Paige Tate	Highland	5:02.92	4:58.24	4
3	Heather Summers	Westdale	5:08.76	5:00.36	3
4	Sabrina Waller	St. Michael	5:24.96	5:15.38	2
5	Talasia Eizenga	Churchill, S	5:23.25	5:18.05	1
6	Abby Llewellyn	Ancaster Hig	5:28.51	5:21.59	
7	Alyssa O'brien	Lakeshore CH	5:34.49	5:27.76	
8	Kathryn Hrycusko	Crossley	5:33.41	5:29.27	
9	Jessica Meyer	Blessed Trin	5:34.37	5:33.23	
10	Meredith Obrien	Crossley	5:35.18	5:34.68	

11 Leah Elgersma	Guido de Bre	5:43.88	5:35.16
12 Taylor Jauernig	Grimsby Dss	5:52.00	5:50.16
13 Carly Zanatta	Lakeshore CH	5:51.30	5:57.43
14 Katrina Cruickshank	South Lincol	6:01.70	6:12.77
15 Andrea Fernandez	Blessed Trin	6:03.55	6:25.21

Women 3000 Meter Run Junior

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Points	Name	Year School	Seed	Finals	
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1	Phoebe Cseresnyes	Westdale	10:50.31	10:38.76	6
2	Paige Tate	Highland	11:21.33	11:13.46	4
3	Heather Summers	Westdale	11:44.12	11:22.06	3
4	Jessica Meyer	Blessed Trin	11:28.80	11:31.47	2
5	Kathryn Hrycusko	Crossley	12:21.91	11:38.30	1
6	Abby Llewellyn	Ancaster Hig	12:20.45	11:51.41	
7	Brooke-Lyn Murdoch	Jean Vanier	12:40.37	12:19.58	
8	Alyssa O'brien	Lakeshore CH	12:41.38	12:23.37	
9	Carly Zanatta	Lakeshore CH	12:29.14	12:27.74	
10	Kirsten Vinken	Ancaster Hig	12:34.71	12:46.42	
11	Ariel Grant	Port Colborn	14:01.28	13:41.45	
12	Faith Koudijs	Great Lakes	14:29.22	14:23.84	
13	Samantha Siebert	Beamsville D	14:56.55	15:14.90	

Women 80 Meter Hurdles Junior

=====					
=====					
	Name	Year School	Seed	Prelims	H#
=====					
Preliminaries					
1	Mary Ollier	Grimsby Dss	12.29	12.46q	2
2	Dorothy Ilunga	Saltfleet	15.93	13.56q	2
3	Lauren Ferguson	Ridge-Cr HS	14.16	13.89q	1
4	Cassidy Mayer	Saltfleet	14.41	14.02q	1
5	Samantha Becker	Saltfleet	14.46	14.45q	2
6	Arianne Ferreira	Centennial S	16.45	14.79q	1
7	Elizabeth Kerekesch	Parkside	14.62	14.89q	1
8	Colleen Chastelet	Centennial S	15.73	15.04q	1
9	Annalies de Graaf	Beamsville D	15.32	15.19	2
10	Savannah Stuart	Laura Secord	14.80	15.33	1
11	Lauren Ludlow	Centennial S	16.11	15.58	2
12	Sheena Sisavath	Laura Secord	15.12	15.77	2
13	Sammy Lambert	Waterdown	15.57	16.51	1
14	Megan Dendy	Port Colborn	17.19	17.10	1
--	Alysha Biljan	Blessed Trin	14.44	DQ	2

Women 80 Meter Hurdles Junior

=====					
=====					
Points	Name	Year School	Prelims	Finals	
=====					
Finals					
1	Mary Ollier	Grimsby Dss	12.46	12.30	6

2	Dorothy Ilunga	Saltfleet	13.56	13.36	4
3	Lauren Ferguson	Ridge-Cr HS	13.89	13.37	3
4	Cassidy Mayer	Saltfleet	14.02	13.87	2
5	Samantha Becker	Saltfleet	14.45	14.08	1
6	Arianne Ferreira	Centennial S	14.79	14.63	
7	Elizabeth Kerekesch	Parkside	14.89	14.72	
8	Colleen Chastelet	Centennial S	15.04	16.62	

Women 300 Meter Hurdles Junior

=====					
Points	Name	Year School	Seed	Finals	H#
=====					
=====					
6	1 Mary Ollier	Grimsby Dss	48.45	46.00	2
4	2 Courtney Bennett	Crossley	48.96	49.09	2
3	3 Alexandra Symonds	Notre Dame C	51.08	49.89	2
2	4 Samara Neufeld	Grimsby Dss	53.98	51.45	2
1	5 Alysha Biljan	Blessed Trin	54.06	51.60	2
	6 Gillian Crawford	Sir Allan Ma	54.46	52.41	2
	7 Sammy Lambert	Waterdown	51.94	52.43	2
	8 Cassidy Mayer	Saltfleet	53.45	53.61	2
	9 Colleen Chastelet	Centennial S	55.89	53.87	1
	10 Madison Maurice	Notre Dame C	54.68	54.21	1
	11 Sara Waring	Grimsby Dss	56.18	56.22	1
	12 Elizabeth Kerekesch	Parkside	56.13	56.66	1
	13 Samantha Becker	Saltfleet	56.69	57.00	1
	14 Annalies de Graaf	Beamsville D	59.80	57.65	1
	15 Lauren Ferguson	Ridge-Cr HS	54.70	58.98	1

Women 4x100 Meter Relay Junior

=====					
Points	School		Seed	Finals	H#
=====					
=====					
6	1 Guido de Bres 'A'		53.10	52.41	2
4	2 Grimsby D S S 'A'		54.50	53.56	2
3	3 Notre Dame College 'A'		54.30	54.39	2
2	4 Sherwood 'A'		55.54	54.63	2
1	5 Waterdown 'A'		56.22	56.20	2
	6 Centennial S S 'A'		58.43	J56.20	1
	7 Blessed Trinity H S 'A'		57.31	56.24	1
	8 A.N. Myer S S 'A'		56.06	56.28	2
	9 Highland 'A'		56.84	56.38	2

10	Laura Secord S S 'A'	57.50	57.54	1
11	St. Paul H S 'A'	58.40	57.69	1
12	Westdale 'A'	56.27	57.90	2
13	E. L. Crossley S S 'A'	58.05	58.17	1
14	Beamsville D S S 'A'	59.88	58.23	1
15	Denis Morris H S 'A'	1:01.29	59.97	1

Women High Jump Junior

=====						
===						
Points	Name	Year School	Seed	Finals		
=====						
===						
	1	Madi Taylor	Eden High Sc	1.45m	1.55m	6
	2	Crystal deBoer	Guido de Bre	1.55m	1.50m	
3.50						
	2	Briar Olah	St. Paul HS	1.50m	1.50m	
3.50						
	4	Adelaide Taylor	Notre Dame C	1.50m	1.45m	2
	5	Lisa Steiginga	Hamilton Dis	1.40m	J1.45m	1
	6	Maja Mihelcic	Blessed Trin	1.40m	1.40m	
	6	Madison Beach	Grimsby Dss	1.40m	1.40m	
	8	Erin Marshall	South Lincol	1.30m	1.35m	
	9	Celia Sawyer	Waterdown	1.35m	1.30m	
	9	Natalie Zima	Blessed Trin	1.35m	1.30m	
	--	Hayley Crossing	Waterdown	1.30m	DNF	

Women Pole Vault Junior

=====						
===						
Points	Name	Year School	Seed	Finals		
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===						
	1	Kelsey Darnay	St. Michael	2.25m	2.40m	6
	2	Sheena Sisavath	Laura Secord	2.00m	J2.40m	4
	3	Lauren Ferguson	Ridge-Cr HS	2.25m	2.25m	3
	4	Mariah Bunz	Crossley	1.65m	1.60m	2

Women Long Jump Junior

=====						
===						
Points	Name	Year School	Seed	Finals		
=====						
===						
	1	Alexandra Symonds	Notre Dame C	4.66m	4.66m	6
	2	Alexandra Klein	Notre Dame C	4.55m	4.59m	4
	3	Ashley Njeru	St. Paul HS	4.68m	4.56m	3
	4	Grace Hoskin	Parkside	4.71m	4.53m	2
	5	Briar Olah	St. Paul HS	4.87m	4.50m	1
	6	Taylor Blatchley	Beamsville D	4.29m	4.48m	
	7	Hondrea Hunt-Charbonneau	Westlane	4.41m	J4.48m	
	8	Melissa Vuyk	Hamilton Dis	4.35m	4.20m	
	9	Madison Beach	Grimsby Dss	3.91m	4.07m	
	10	Jessica Grzybek	Blessed Trin	3.85m	3.88m	

11	Miranda Bontekoe	Guido de Bre	4.12m	3.64m
12	Kelly Uskin	St. Francis	3.53m	3.59m
13	Jocelyn denHollander	Denis Morris	3.62m	3.44m
--	Anja Djogo	Saltfleet	4.13m	FOUL

Women Triple Jump Junior

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===						
	Name	Year School	Seed	Finals		
Points	=====					
===						
	1	Alexandra Symonds	Notre Dame C	10.30m	10.53m	6
	2	Briar Olah	St. Paul HS	10.56m	9.73m	4
	3	Courtney Bennett	Crossley	9.62m	9.52m	3
	4	Mariah Bunz	Crossley	9.38m	9.51m	2
	5	Taylor Blatchley	Beamsville D	9.84m	9.49m	1
	6	Madi Taylor	Eden High Sc	9.18m	9.22m	
	7	Elizabeth Kerekesch	Parkside	8.79m	J9.22m	
	8	Ashley Njeru	St. Paul HS	9.35m	9.16m	
	9	Melissa Vuyk	Hamilton Dis	8.48m	8.66m	
	10	Miranda Bontekoe	Guido de Bre	8.47m	8.52m	
	11	Sierra Middleton	St. Catharin	8.00m	8.19m	
	12	Celia Sawyer	Waterdown	8.49m	8.03m	
	13	Stacey deBoer	Guido de Bre	8.29m	8.00m	
	14	Brittany Wilson	Grimsby Dss	7.99m	7.85m	
	15	Yvonne Vaillancourt	South Lincol	8.10m	7.84m	

Women Shot Put 4 kg Junior

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===						
	Name	Year School	Seed	Finals		
Points	=====					
===						
	1	Jocelyn denHollander	Denis Morris	8.76m	9.48m	6
	2	Randi Carey	Waterdown	9.66m	9.41m	4
	3	Laura Cone	Orchard Park	8.76m	8.83m	3
	4	Ilyssa Boisvenue	Port Colborn	7.79m	8.70m	2
	5	Haley Scholz	Myer, A.N.	8.15m	8.21m	1
	6	Tori Lane Badawey	Jean Vanier	7.75m	8.06m	
	7	Kristen Gilmour	Waterdown	9.57m	7.95m	
	8	Laurissa Vandervelde	Guido de Bre	7.12m	7.76m	
	9	Page Muileboom	Ridge-Cr HS	7.14m	7.16m	
	10	Taylor Sider	Crossley	7.28m	7.09m	
	11	Laura Newcombe	Highland	7.80m	7.04m	
	12	Jessica Howcroft	Blessed Trin	6.91m	6.94m	
	13	Gillian MacDonald	St. Francis	6.55m	6.62m	
	14	Megan Williams	Kernahan Par	6.64m	6.26m	

Women Discus Throw 1 kg Junior

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===					
	Name	Year School	Seed	Finals	
Points	=====				
===					

1	Ilyssa Boisvenue	Port Colborn	30.83m	34.64m	6
2	Sydney Stenekis	Parkside	21.42m	22.91m	4
3	Victoria Schoonings	Myer, A.N.	23.94m	21.36m	3
4	Carly Johnson	Port Colborn	21.41m	21.06m	2
5	Janelle Rivando	Jean Vanier	22.20m	20.97m	1
6	Page Muileboom	Ridge-Cr HS	21.10m	20.39m	
7	Laura Newcombe	Highland	17.64m	20.23m	
8	Meaghan Curran	Saltfleet	19.84m	20.07m	
9	Carly Cain	Blessed Trin	32.02m	18.79m	
10	Taylor Pocsai	Sir Allan Ma	17.48m	17.06m	
11	Jessica Howcroft	Blessed Trin	17.66m	16.07m	

Women Javelin Throw 600g Junior

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Name	Year School	Seed	Finals	
Points				
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===				
1	Victoria Schoonings	Myer, A.N.	28.00m	30.88m 6
2	Chelsey MacLean	Saltfleet	28.29m	25.80m 4
3	Ilyssa Boisvenue	Port Colborn	32.51m	25.78m 3
4	Meaghan Curran	Saltfleet	23.65m	24.20m 2
5	Kelsey Darnay	St. Michael	23.27m	23.06m 1
6	Krissy Casucci	St. Paul HS	24.16m	22.70m
7	Nicole DiDomenico	Myer, A.N.	25.82m	22.30m
8	Laura Newcombe	Highland	19.93m	21.40m
9	Emma Beesley	Highland	24.51m	20.70m
10	Sydney Stenekis	Parkside	21.89m	19.30m
11	Jocelyn denHollander	Denis Morris	19.03m	16.82m
12	Teirney DiMaria	Holy Cross H	16.61m	13.44m
13	Gillian MacDonald	St. Francis	11.32m	12.25m
14	Carr Carling	Holy Cross H	13.84m	11.65m

Women 100 Meter Dash Senior

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Name	Year School	Seed	Prelims	H#
Preliminaries				
=====				
1	Shadae Edwards	Denis Morris	12.87	12.77q 2
2	Tasha Rodrigues	Westlane	12.87	12.80q 1
3	Ashley Ligas	Highland	12.94	12.99q 1
4	Caitlin McClurkin	Grimsby Dss	13.13	13.10q 2
5	Mireille Musca	Blessed Trin	13.38	13.18q 1
6	Tisha Graham	Barton S.S.	13.21	13.35q 2
7	Annika Mazzarella	Laura Secord	13.36	13.37q 1
8	Carrie Reichelt	Ridge-Cr HS	13.41	13.40q 2
9	Jenel Ulman	Westmount	13.54	13.54 2
10	Jasmine Campbell	Blessed Trin	13.75	13.71 2
11	Rebecca Johnson	Saltfleet	13.71	13.79 1
12	Melissa Kohli	Crossley	13.89	13.82 2
13	Lauren Barnes	Notre Dame C	14.10	14.02 1
14	Charlotte Huitema	Cayuga Ss-Ca	14.12	14.14 1

Women 100 Meter Dash Senior

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Name	Year School	Prelims	Finals	Points
1 Shadae Edwards	Denis Morris	12.77	12.71	6
2 Caitlin McClurkin	Grimsby Dss	13.10	12.95	4
3 Tasha Rodriques	Westlane	12.80	13.05	3
4 Ashley Ligas	Highland	12.99	13.16	2
5 Mireille Musca	Blessed Trin	13.18	13.38	1
6 Annika Mazzarella	Laura Secord	13.37	13.40	
7 Tisha Graham	Barton S.S.	13.35	13.50	
8 Carrie Reichelt	Ridge-Cr HS	13.40	13.58	

Women 200 Meter Dash Senior

Name	Year School	Seed	Finals	H#	Points
1 Emma Suiciak	Crossley	26.12	25.98	2	6
2 Shadae Edwards	Denis Morris	26.96	25.99	2	4
3 Emma ROUNG	Ancaster Hig	26.15	26.23	2	3
4 Tasha Rodriques	Westlane	27.02	26.64	2	2
5 Ashley Ligas	Highland	26.60	27.03	2	1
6 Jacqueline Holmes	Highland	27.12	27.17	2	
7 Annika Mazzarella	Laura Secord	28.32	27.35	1	
8 Tisha Graham	Barton S.S.	27.14	28.21	2	
9 Heather Hicks	Grimsby Dss	28.57	28.25	1	
10 Jasmine Campbell	Blessed Trin	29.63	28.99	1	
11 Jennifer Weir	Centennial S	29.03	29.69	1	
12 Kayla Flockhart	Blessed Trin	29.69	32.17	1	

Women 400 Meter Dash Senior

Name	Year School	Seed	Finals	H#	Points
1 Natasha DiCienzo	St. Paul HS	1:01.88	1:00.44	2	6
2 Emma ROUNG	Ancaster Hig	1:02.85	1:01.26	2	4
3 Meg Inman	Westdale	1:01.95	1:01.96	2	3
4 Jacqueline Holmes	Highland	1:03.01	1:03.10	2	2
5 Hailey McWilliam	Laura Secord	1:05.50	1:03.82	2	1
6 Rachel deHaan	Guido de Bre	1:05.30	1:05.82	2	

7	Rachel Holmes	Ancaster Hig	1:05.36	1:06.40	2
8	Jamilee Gibson	Denis Morris	1:10.17	1:09.33	1
9	Natasha Rogers	SOGS	1:13.67	1:09.98	1
10	Rachael Tompa	Grimsby Dss	1:10.39	1:10.10	1
11	Courtney Griffiths	Ridge-Cr HS	1:11.15	1:10.44	1
12	Sarah Heisler	Port Colborn	1:11.17	1:13.90	1
--	Kelsea Levesque	St. Francis	1:16.19	DNF	1
--	Taylor Zavitz	Crossley	1:08.86	DNF	1

Women 800 Meter Run Senior

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Name	Year School	Seed	Finals	Points	
1	Chelsea MacKinnon	Westdale	2:22.57	2:23.20	6
2	Meg Inman	Westdale	2:25.00	2:23.70	4
3	Michelle Molodynia	Myer, A.N.	2:22.65	2:25.00	3
4	Alannah MacDonald	Crossley	2:26.92	2:26.10	2
5	Natasha DiCienzo	St. Paul HS	2:28.71	2:26.80	1
6	Jenna Leask	Churchill, S	2:32.07	2:28.84	
7	Kaitlyn Pansegrau	Highland	2:29.84	2:29.30	
8	Julia Stacey	Westdale	2:30.74	2:32.60	
9	Jessica Witt	Westdale	2:31.34	2:33.61	
10	Jackie Koudys	Blessed Trin	2:54.55	2:45.98	
11	Tisha Ventresca	St. Paul HS	2:58.98	2:50.41	
--	Hailey McWilliam	Laura Secord	2:48.13	DNF	

Women 1500 Meter Run Senior

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Name	Year School	Seed	Finals	Points	
1	Karley Rempel	Crossley	5:15.65	4:49.88	6
2	Chelsea MacKinnon	Westdale	5:01.90	4:52.86	4
3	Alannah MacDonald	Crossley	5:15.55	4:57.55	3
4	Maxine Gravina	Westdale	5:08.61	5:08.81	2
5	Rachel Cahill	Myer, A.N.	5:20.45	5:15.40	1
6	Jessica Witt	Westdale	5:11.53	5:16.18	
7	Skye Nagy	Myer, A.N.	5:29.86	5:27.53	
8	Alisha Attema	South Lincol	5:55.18	5:36.02	
9	Paige Bates	Orchard Park	5:29.71	5:42.24	
10	Porscha Hewitt	Westmount	5:29.88	5:56.65	
11	Bianca Opala	Denis Morris	6:32.19	6:19.12	

Women 3000 Meter Run Senior

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Name	Year School	Seed	Finals	Points	
1	Karley Rempel	Crossley	11:24.31	11:21.72	6
2	Rachel Cahill	Myer, A.N.	11:50.98	11:34.99	4

3	Felicia Dagenais	Churchill, S	11:32.25	11:44.58	3
4	Skye Nagy	Myer, A.N.	12:11.61	11:54.60	2
5	Melanie Thompson	Highland	12:00.70	12:09.70	1
6	Alyson Rogers	Westlane	12:52.36	13:00.53	
7	Bianca Opala	Denis Morris	13:53.76	13:51.24	
8	Rita Abdel-Baki	Westmount	12:39.04	14:51.31	
9	Meaghan Lynch	Crossley	12:54.37	15:34.79	

Women 100 Meter Hurdles Senior

Name	Year	School	Seed	Prelims	H#
Preliminaries					
1	Emma Suiciak	Crossley	14.93	14.85q	2
2	Adrienne Thiessen	Laura Secord	16.47	16.39q	1
3	Jesse Heckel	Myer, A.N.	17.03	16.49q	2
4	Sally Lin	Laura Secord	17.66	17.52q	2
5	Samantha Mersereau	Westmount	16.72	17.69q	1
6	Rachael Klunder	South Lincol	18.84	17.76q	2
7	Taylor Zavitz	Crossley	18.63	17.87q	2
8	Jennifer Weir	Centennial S	17.86	18.39q	1
9	Hannah Danielson	Cayuga Ss-Ca	18.79	18.69	1
10	Teri Harley	Sir John A M	19.90	18.71	2
11	Alana Gaudin	Orchard Park	18.61	18.89	1
12	Raylene Ross	Grimsby Dss	18.78	19.21	2
13	Emily Wilson	Laura Secord	18.82	19.75	1
14	Misty Guigue Hachey	Sir John A M	20.64	20.27	1
15	Aimee Puffer	Orchard Park	21.89	21.68	1

Women 100 Meter Hurdles Senior

Name	Year	School	Prelims	Finals	H#
Points					
Finals					
1	Emma Suiciak	Crossley	14.85	14.73	6
2	Adrienne Thiessen	Laura Secord	16.39	16.14	4
3	Jesse Heckel	Myer, A.N.	16.49	16.76	3
4	Samantha Mersereau	Westmount	17.69	16.95	2
5	Sally Lin	Laura Secord	17.52	17.06	1
6	Rachael Klunder	South Lincol	17.76	17.75	
7	Taylor Zavitz	Crossley	17.87	18.43	
8	Jennifer Weir	Centennial S	18.39	19.38	

Women 400 Meter Hurdles Senior

Name	Year	School	Seed	Finals	H#
Points					
Finals					
1	Hailey McWilliam	Laura Secord	1:13.15	1:12.06	2
6	Adrienne Thiessen	Laura Secord	1:17.35	1:13.05	2
4					

3	Teri Harley	Sir John A M	1:16.20	1:13.10	2
3					
4	Carrie Reichelt	Ridge-Cr HS	1:16.88	1:15.51	2
2					
5	Lauren Paduano	Grimsby Dss	1:19.52	1:15.60	1
1					
6	Andrea Kline	Cayuga Ss-Ca	1:21.43	1:15.79	1
7	Taylor Zavitz	Crossley	1:16.81	1:16.78	2
8	Olivia Obrien	Grimsby Dss	1:18.10	1:18.25	1
9	Michelle Richardson	Laura Secord	1:17.98	1:21.30	1

Women 4x100 Meter Relay Senior

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=====					
	School		Seed	Finals	H#
=====					
=====					
Points					
=====					
1	E. L. Crossley S S 'A'		53.69	51.73	2
6					
2	Grimsby D S S 'A'		53.93	52.58	2
4					
3	Laura Secord S S 'A'		52.47	52.59	2
3					
4	Highland 'A'		53.19	53.01	2
2					
5	Ancaster High 'A'		53.03	53.54	2
1					
6	Denis Morris H S 'A'		54.71	53.84	2
7	Blessed Trinity H S 'A'		54.87	54.59	2
8	Ridgeway-Crystal Beach 'A'		55.75	55.08	1
9	Westmount 'A'		55.55	55.27	2
10	Cayuga S S 'A'		57.03	56.52	1
11	Fort Erie S S 'A'		1:01.02	1:01.20	1
--	St. Paul H S 'A'		1:00.86	DQ	1
--	St. Francis S S 'A'		59.62	DQ	1

Women High Jump Senior

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=====					
	Name	Year School	Seed	Finals	
=====					
=====					
Points					
=====					
1	Michelle VanderMeer	Hamilton Dis	1.55m	1.60m	6
2	Emma Suiciak	Crossley	1.65m	J1.60m	4
3	Heather Hicks	Grimsby Dss	1.45m	1.50m	
2.50					
3	Mackenzie Kranics	Lakeshore CH	1.55m	1.50m	
2.50					
5	Brook Dorin	Blessed Trin	1.50m	J1.50m	1
6	Teri Harley	Sir John A M	1.45m	1.45m	
6	Dayva Regnerus	Hamilton Dis	1.50m	1.45m	
8	Rachael Klunder	South Lincol	1.50m	J1.45m	
9	Mackenzie Leigh	St. Paul HS	1.40m	1.40m	
10	Hannah Phillips	Dunnville SS	1.35m	J1.40m	
11	Misty Guigue Hachey	Sir John A M	1.40m	1.35m	

12	Christina Watkins	Ancaster Hig	1.30m	J1.35m
12	Rachael Tompa	Grimsby Dss	1.35m	J1.35m
14	Jordyn Divok	St. Catharin	1.35m	1.30m

Women Pole Vault Senior

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Name	Year School	Seed	Finals	Points	
1	Kendall Darnay	St. Michael	2.70m	3.25m	6
2	Shannon Lafontaine	Laura Secord	2.00m	2.55m	4
3	Mackenzie Kranics	Lakeshore CH	2.55m	J2.55m	3
4	Michelle Richardson	Laura Secord	2.00m	2.40m	2
5	Kimmy Au	St. Paul HS	2.55m	J2.40m	1
6	Nicole Temple	St. Catharin	1.90m	2.25m	
7	Meaghan Gutenberg	Crossley	2.10m	2.10m	
8	Jacqueline Temple	St. Catharin	1.80m	1.90m	
9	Jordyn Divok	St. Catharin	1.75m	1.60m	

Women Long Jump Senior

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Name	Year School	Seed	Finals	Points	
1	Caitlin McClurkin	Grimsby Dss	4.84m	5.18m	6
2	Tisha Graham	Barton S.S.	4.85m	5.12m	4
3	Sally Lin	Laura Secord	4.42m	5.01m	3
4	Michelle VanderMeer	Hamilton Dis	4.86m	5.00m	2
5	Heather Hicks	Grimsby Dss	4.60m	4.93m	1
6	Tasha Rodriques	Westlane	4.57m	4.79m	
7	Jessica Bagnulo	Myer, A.N.	4.55m	4.78m	
8	Rebecca Barnfield	Grimsby Dss	4.32m	4.66m	
9	Mireille Musca	Blessed Trin	4.41m	4.55m	
10	Kayla Harrop	Sherwood	4.41m	4.47m	
11	Emily Gearing	Crossley	4.45m	4.42m	
12	Aleksandra Yosifova	Myer, A.N.	4.24m	J4.42m	
13	Jesse Heckel	Myer, A.N.	4.38m	4.40m	
14	Diana Norng	Sir John A M	4.25m	4.23m	
15	Heather King	Hill Park	4.35m	3.87m	

Women Triple Jump Senior

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Name	Year School	Seed	Finals	Points	
1	Mireille Musca	Blessed Trin	9.83m	10.35m	6
2	Sally Lin	Laura Secord	10.11m	10.20m	4
3	Rebecca Barnfield	Grimsby Dss	10.07m	10.01m	3
4	Jesse Heckel	Myer, A.N.	10.09m	9.83m	2
5	Jessica Smith	Myer, A.N.	9.69m	9.68m	1
6	Stacy Trifunovic	South Lincol	9.78m	9.64m	

7	Skye Soobramanie	Beamsville D	9.62m	9.49m
8	Diana Norng	Sir John A M	8.98m	9.20m
9	Emily Gearing	Crossley	9.42m	9.08m
10	Maggie Dumitru	Westmount	8.86m	9.02m
11	Melissa Kohli	Crossley	9.39m	8.76m
12	Tianna Barnes	Ridge-Cr HS	8.98m	8.48m
13	Michelle Baker	Ancaster Hig	8.54m	8.02m

Women Shot Put 4 kg Senior

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Name	Year School	Seed	Finals		
1	Sarah Moss	Notre Dame C	11.00m	12.73m	6
2	Mackenzie Croft	Notre Dame C	9.73m	11.06m	4
3	Lauren Brew	St. Catharin	10.08m	11.01m	3
4	Kristina Smolovic	Barton S.S.	11.46m	10.89m	2
5	Nicole Million	Sir Winston	9.66m	9.90m	1
6	Taneisha McAdam	Denis Morris	8.86m	9.56m	
7	Sara Forbes	Port Colborn	8.95m	9.24m	
7	Khadija Alexander	Westdale	8.93m	9.24m	
9	Jamie Evans	Hagersville	8.45m	9.09m	
10	Alyssa DiCesare	Westmount	9.17m	8.83m	
11	Laura Doepping-Schumache	Ridge-Cr HS	8.25m	8.61m	
12	Jamilee Gibson	Denis Morris	7.38m	7.89m	
13	Rebecca LaFratta	Denis Morris	7.50m	7.75m	
14	Julia Cymbalisty	Laura Secord	7.39m	7.06m	

Women Discus Throw 1 kg Senior

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Name	Year School	Seed	Finals		
1	Sarah Moss	Notre Dame C	42.84m	43.86m	6
2	Kelsey Kovar	Saltfleet	33.26m	30.70m	4
3	Alyssa DiCesare	Westmount	29.06m	29.18m	3
4	Lauren Brew	St. Catharin	26.86m	28.97m	2
5	Caroline Woehl	Ridge-Cr HS	24.97m	28.19m	1
6	Krista Douwes	Hamilton Dis	25.36m	27.92m	
7	Laura Doepping-Schumache	Ridge-Cr HS	25.30m	23.15m	
8	Natalie Jongsma	Guido de Bre	23.89m	23.12m	
9	Mallory Peirce	Westdale	23.64m	22.27m	
10	Jackie Koudys	Blessed Trin	18.71m	20.54m	
11	Sarah Duck	Smithville D	21.70m	20.53m	
12	Alana Banner	Centennial S	22.59m	20.26m	
13	Cassidy MacKay	Churchill, S	18.38m	15.63m	
14	Alyssa Short	Grimsby Dss	17.94m	15.14m	
15	Sara Forbes	Port Colborn	22.21m	14.31m	

Women Javelin Throw 600g Senior

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Name	Year School	Seed	Finals
1 Claire Feiertag	Ridge-Cr HS	30.82m	29.00m 6
2 Mackenzie Croft	Notre Dame C	29.20m	27.57m 4
3 Alyssa DiCesare	Westmount	30.70m	26.10m 3
4 Cassidy MacKay	Churchill, S	27.86m	25.58m 2
5 Hailey Slamka	Holy Cross H	28.83m	25.48m 1
6 Krista Douwes	Hamilton Dis	29.53m	24.95m
7 Jessica Mabee	Parkside	25.61m	24.12m
8 Natalie Jongsma	Guido de Bre	23.54m	22.87m
9 Jamie Evans	Hagersville	29.10m	22.82m
10 Lauren Brew	St. Catharin	30.82m	22.12m
11 Rebecca LaFratta	Denis Morris	23.73m	19.68m
12 Karley Ronnenberg	Saltfleet	21.66m	18.61m
13 Sara Forbes	Port Colborn	22.38m	18.25m
-- Sarah Moss	Notre Dame C	28.61m	FOUL

Women 1500 Meter Steeplechase (NEW) Open

Name	Year School	Seed	Finals
1 Talasia Eizenga	Churchill, S	5:39.88	5:38.09 6
2 Kaitlyn Pansegrau	Highland	6:02.68	5:43.29 4
3 Jessica Meyer	Blessed Trin	5:51.74	5:49.17 3
4 Felicia Dagenais	Churchill, S	6:01.93	5:51.99 2
5 Kathryn Hrycusko	Crossley	6:15.12	5:54.90 1
6 Alisha Attema	South Lincol	6:23.18	6:05.87
7 Jackie Koudys	Blessed Trin	6:15.47	6:11.35
8 Melanie Thompson	Highland	6:27.28	6:11.93
9 Kathleen Sherwin	Centennial S	6:15.70	6:15.10
10 Amy Winter	Hamilton Dis	6:39.42	6:36.44

Women 4x400 Meter Relay Open

School	Seed	Finals	H#
1 Westdale 'A'	4:20.18	4:15.60	2
2 Highland 'A'	4:35.32	4:20.41	2
3 E. L. Crossley S S 'A'	4:34.74	4:25.12	2
4 Guido de Bres 'A'	4:29.19	4:26.90	2
5 Sir Winston Churchill S S 'A'	4:33.56	4:30.07	2
6 Centennial S S 'A'	4:44.12	4:34.60	2
7 Ridgeway-Crystal Beach 'A'	4:47.29	4:36.26	1
8 Grimsby D S S 'A'	4:41.37	4:40.27	2

9	Laura Secord S S 'A'	4:41.23	4:40.31	2
10	Westlane S S 'A'	4:59.10	4:43.15	1
11	Blessed Trinity H S 'A'	4:47.49	4:45.56	1
12	Hamilton District 'A'	5:00.32	4:53.44	1
13	Denis Morris H S 'A'	4:55.87	5:00.55	1

Men 100 Meter Dash Midget

Name	Year School	Seed	Prelims	H#
Preliminaries				
1	Michael Young	SOGS	11.90	11.64q 1
2	Conner Winger	SOGS	12.37	12.16q 2
3	Shane Harding	Lakeshore CH	12.08	12.21q 2
4	Zack Miller	Cayuga Ss-Ca	12.71	12.33q 1
5	Ryan Cheng	Orchard Park	12.39	12.35q 1
6	Stewart Joyner	South Lincol	12.66	12.48q 1
7	Marcello Cazala	Notre Dame C	12.54	12.54q 1
8	Lane Zardo	Sherwood	12.67	12.62q 2
9	Brett Dykstra	Hagersville	12.61	12.64 2
10	Hamid Dwyer	Sir Allan Ma	12.80	12.73 1
11	Matt Schmaltz	Dunnville SS	12.70	12.74 2
12	Shane Decker	Denis Morris	12.63	12.76 2
13	Jayden Peters	Saltfleet	12.93	12.98 2
14	Owen Sloods	Guido de Bre	12.89	13.01 2

Men 100 Meter Dash Midget

Name	Year School	Prelims	Finals
Points			
Finals			
1	Michael Young	SOGS	11.64 11.56 6
2	Shane Harding	Lakeshore CH	12.21 12.01 4
3	Conner Winger	SOGS	12.16 12.11 3
4	Marcello Cazala	Notre Dame C	12.54 12.23 2
5	Ryan Cheng	Orchard Park	12.35 12.28 1
6	Stewart Joyner	South Lincol	12.48 12.39
7	Zack Miller	Cayuga Ss-Ca	12.33 12.42
8	Lane Zardo	Sherwood	12.62 12.67

Men 200 Meter Dash Midget

Name	Year School	Seed	Finals	H#
Points				
1	Michael Young	SOGS	24.49	24.01 2
6	Jordan Fortin	Westlane	24.39	24.07 2
4	Shane Harding	Lakeshore CH	25.30	24.86 2
3				

4	Conner Wininger	SOGS	25.48	25.03	2
2					
5	Siddique Ali	SOGS	25.89	25.42	2
1					
6	Kevin Bonneau	Grimsby Dss	25.52	25.64	2
7	Hamid Dwyer	Sir Allan Ma	26.45	26.04	1
8	Lane Zardo	Sherwood	25.91	26.25	2
9	Marcello Cazala	Notre Dame C	26.30	26.43	1
10	Justin Pan	Ridge-Cr HS	26.88	26.46	1
11	Owen Sloots	Guido de Bre	26.17	26.53	1
12	Austin Richard	Lakeshore CH	27.37	26.58	1
13	Corey Wood	Ancaster Hig	26.66	27.10	1

Men 400 Meter Dash Midget

Points	Name	Year	School	Seed	Finals	H#
1	Jordan Fortin		Westlane	56.20	54.81	2
6						
2	Motts Borsellino		Sherwood	57.90	56.32	2
4						
3	Jeremy Dion		St. Michael	58.72	56.79	2
3						
4	Siddique Ali		SOGS	58.58	57.42	2
2						
5	Nathan Dehghan		Ancaster Hig	59.19	58.75	2
1						
6	Eric MacNevin		Sherwood	1:00.05	59.59	2
7	Phil Andrews		Crossley	59.40	59.81	2
8	Zak Bickell		St. Paul HS	1:00.26	1:00.20	1
9	John Abando		Denis Morris	1:01.73	1:00.43	1
10	Rico Gonzalez		Sir Allan Ma	1:01.87	1:00.91	1
11	Evan Peplinski		Crossley	1:03.00	1:01.01	1
12	Richard Grant		Eden High Sc	1:03.78	1:02.34	1
13	Derrick Gibbons		Denis Morris	1:02.20	1:03.13	1
14	Jack Wilkinson		Highland	1:03.53	1:04.68	1

Men 800 Meter Run Midget

Points	Name	Year	School	Seed	Finals	H#
1	Andrew Nebel		Churchill, S	2:15.84	2:12.58	6
2	Fraser Weir		Notre Dame C	2:20.94	2:15.28	4
3	Motts Borsellino		Sherwood	2:21.56	2:17.55	3
4	Corey Gorbel		Churchill, S	2:18.41	2:18.09	2
5	Jonathan Emmanuel		Heritage Chr	2:25.80	2:18.84	1
6	John Abando		Denis Morris	2:21.73	2:20.20	
7	Johnny McGillivray		Lakeshore CH	2:32.03	2:21.17	
8	Jeremy Dion		St. Michael	2:26.06	2:21.26	
9	Shaun Neeb		Waterdown	2:22.67	2:22.98	
10	Nick Smyth		St. Paul HS	2:30.48	2:27.56	

11	Colin deBoer	Guido de Bre	2:26.96	2:28.23
12	Eric MacNevin	Sherwood	2:22.69	2:28.46
13	spencer Hodgins	Beamsville D	2:31.29	2:41.06

Men 1500 Meter Run Midget

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Name	Year School	Seed	Finals	Points	
1	Mark Germano	Notre Dame C	4:32.94	4:23.18	6
2	Andrew Nebel	Churchill, S	4:34.52	4:31.98	4
3	Corey Gorbel	Churchill, S	4:35.73	4:32.43	3
4	Spencer Raby	Churchill, S	4:36.76	4:33.23	2
5	Josh Turner	Grimsby Dss	4:36.65	4:38.39	1
6	Fraser Weir	Notre Dame C	4:49.84	4:43.26	
7	Sheldon Wilcox	Westmount	4:49.11	4:46.07	
8	Eric Rozon	Churchill, S	4:51.15	4:52.43	
9	Josh Bowers	Highland	4:52.68	4:55.53	
10	Robert Plant	Sherwood	4:56.21	4:55.92	
11	Nick Smyth	St. Paul HS	5:03.48	5:03.49	
12	Branden Thorburn	Ancaster Hig	5:00.19	5:04.14	
13	Sandy McMurtrie	Stamford Cvi	5:05.90	5:05.36	
14	Nathan Dehghan	Ancaster Hig	4:59.84	5:07.05	
--	Eric Deba	Crossley	4:49.29	DNF	

Men 3000 Meter Run Midget

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Name	Year School	Seed	Finals	Points	
1	Mark Germano	Notre Dame C	9:55.04	9:48.75	6
2	Spencer Raby	Churchill, S	9:58.64	9:50.09	4
3	Josh Turner	Grimsby Dss	9:53.52	9:56.07	3
4	Josh Bowers	Highland	10:51.67	10:07.11	2
5	Corey Gorbel	Churchill, S	10:14.09	10:08.42	1
6	Sheldon Wilcox	Westmount	9:54.03	10:17.61	
7	Dylan Walicki	Eden High Sc	10:28.03	10:25.55	
8	Matthew Cormier	Churchill, S	10:28.51	10:26.20	
9	Robert Plant	Sherwood	10:19.95	10:40.57	
10	Branden Thorburn	Ancaster Hig	11:00.47	10:57.28	
11	Sandy McMurtrie	Stamford Cvi	12:06.89	11:03.96	
12	Shaun Neeb	Waterdown	10:57.81	11:08.69	
13	Johnny McGillivray	Lakeshore CH	11:43.01	11:14.04	
14	Aaron Ayub	Stamford Cvi	12:05.83	11:35.48	

Men 100 Meter Hurdles Midget

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 Preliminaries

Name	Year School	Seed	Prelims	H#	
1	Marcello Cazala	Notre Dame C	16.83	16.01q	2
2	Nathan Boyd	Ridge-Cr HS	17.36	16.75q	2
3	Jacob Bothen	Blessed Trin	16.94	16.76q	1

4	Kevin Bonneau	Grimsby Dss	17.25	16.92q	1
5	Ryan Cheng	Orchard Park	18.09	17.57q	2
6	Quinton Jarret	Lakeshore CH	18.75	17.75q	1
7	Jordan Holiko	Port Colborn	19.37	18.08q	2
8	Jack Wilkinson	Highland	19.44	18.40q	1
9	Justin Bourassa	Parkside	18.82	18.75	1
10	Scott Beedie	Parkside	19.42	18.96	1
11	Umurcan Kaya	Orchard Park	18.98	19.34	2
12	Braedan McIntyre	Grimsby Dss	19.52	19.45	2
13	Braeden Daniels	Beamsville D	20.46	20.06	2
14	Andrew Wong	Blessed Trin	21.97	21.41	1

Men 100 Meter Hurdles Midget

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Name	Year School	Prelims	Finals		
Points					
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Finals					
1	Marcello Cazala	Notre Dame C	16.01	15.79	6
2	Kevin Bonneau	Grimsby Dss	16.92	16.42	4
3	Ryan Cheng	Orchard Park	17.57	17.07	3
4	Quinton Jarret	Lakeshore CH	17.75	18.00	2
5	Jordan Holiko	Port Colborn	18.08	18.09	1
6	Jack Wilkinson	Highland	18.40	19.10	
7	Jacob Bothen	Blessed Trin	16.76	20.91	
--	Nathan Boyd	Ridge-Cr HS	16.75	DNF	

Men 300 Meter Hurdles Midget

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Name	Year School	Seed	Finals		
Points					
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1	Hamid Dwyer	Sir Allan Ma	46.49	45.31	6
2	Tyler Smith	Ridge-Cr HS	46.67	46.29	4
3	Daniel Davies	Centennial S	47.32	46.37	3
4	Justin Pan	Ridge-Cr HS	47.89	47.61	2
5	Evan Peplinski	Crossley	48.56	48.17	1
6	Phil Andrews	Crossley	48.66	48.26	
7	Braeden Daniels	Beamsville D	1:06.32	52.73	

Men 4x100 Meter Relay Midget

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School	Seed	Finals	H#	
Points				
===== =====				
1	Governor Simcoe SS 'A'	48.68	48.35	2
6				
2	Sherwood 'A'	52.22	50.32	2
4				
3	Blessed Trinity H S 'A'	51.18	50.35	2
3				

4	Port Colborne H S 'A'	52.06	51.68	2
2				
5	E. L. Crossley S S 'A'	52.47	52.14	2
1				
6	Denis Morris H S 'A'	52.90	52.44	1
7	Parkside 'A'	54.86	53.15	1
8	Lakeshore C H S 'A'	54.58	53.93	1
9	Beamsville D S S 'A'	1:02.44	1:00.14	1

Men High Jump Midget

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Points	Name	Year School	Seed	Finals	
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===					
1	Cameron Parry	Centennial S	1.74m	1.70m	6
2	Jonathan Attema	Smithville D	1.65m	1.65m	4
3	Diedric Vanbarneveld	Guido de Bre	1.60m	J1.65m	3
4	Chris Roome	Port Colborn	1.55m	J1.65m	2
5	Caleb Datema	Guido de Bre	1.65m	J1.65m	1
6	Richard Stewart	South Lincol	1.60m	1.60m	
7	Joe Zantingh	Smithville D	1.55m	J1.60m	
8	Matt Schmaltz	Dunnville SS	1.74m	1.55m	
9	Scott Lodde	Crossley	1.60m	J1.55m	
10	Austin Awrey	Blessed Trin	1.55m	J1.55m	
11	Colton Vaters	Holy Cross H	1.50m	J1.55m	
12	Sam Tomlinson	Parkside	1.50m	J1.55m	
13	Jeremy Buist	Guido de Bre	1.45m	1.45m	
13	Umurcan Kaya	Orchard Park	1.45m	1.45m	
13	Cronkwright James	Stamford Cvi	1.71m	1.45m	

Men Pole Vault Midget

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Points	Name	Year School	Seed	Finals	
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===					
1	Tyler Smith	Ridge-Cr HS	2.40m	2.90m	6
2	Kaleb Mueller	Ridge-Cr HS	2.40m	2.80m	4
3	Elijah Stephens	Crossley	2.25m	2.30m	
2.50					
3	Justin Pan	Ridge-Cr HS	2.10m	2.30m	
2.50					
5	Kenny MacSweyn	Ridge-Cr HS	2.10m	2.15m	1

Men Long Jump Midget

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Points	Name	Year School	Seed	Finals	
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===					
1	David Kapetanovic	Westlane	5.40m	5.52m	6
2	Dylan Hodges	SOGS	5.63m	5.23m	4
3	Jordan Fortin	Westlane	5.28m	5.12m	3

4	Joe Zantingh	Smithville D	5.30m	5.05m	2
5	Zack Miller	Cayuga Ss-Ca	5.31m	4.93m	1
6	Ryan Cheng	Orchard Park	5.04m	4.89m	
7	Daniel Hall	South Lincol	4.86m	J4.89m	
8	Carter Lepp	SOGS	5.09m	4.73m	
9	Brett Dykstra	Hagersville	5.51m	4.71m	
10	Clayton Rigg	Waterdown	4.79m	4.67m	
11	Matt Schmaltz	Dunnville SS	5.20m	4.59m	
12	Doug Fever	Westdale	4.72m	4.26m	
13	Max Hicks	Grimsby Dss	4.95m	4.11m	
14	Scott Beedie	Parkside	4.40m	4.06m	
15	Braedyn Kozman	Highland	3.82m	3.12m	

Men Triple Jump Midget

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===					
	Name	Year School	Seed	Finals	
Points					
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===					
1	Dylan Hodges	SOGS	11.02m	11.70m	6
2	Brett Dykstra	Hagersville	10.86m	11.55m	4
3	Daniel Hall	South Lincol	10.69m	11.21m	3
4	Shane Harding	Lakeshore CH	10.64m	11.08m	2
5	Carter Lepp	SOGS	10.44m	10.96m	1
6	Clayton Rigg	Waterdown	9.35m	10.77m	
7	Ewald Kruger	Westlane	10.64m	10.66m	
8	Max Hicks	Grimsby Dss	10.27m	10.51m	
9	Michael Putman	Fort Erie SS	10.72m	10.37m	
10	Caleb Datema	Guido de Bre	10.12m	10.25m	
11	Cameron Parry	Centennial S	10.68m	10.12m	
12	Jonathan Attema	Smithville D	10.19m	10.11m	
13	Diedric Vanbarneveld	Guido de Bre	9.95m	9.83m	
14	Braedyn Kozman	Highland	7.45m	7.95m	

Men Shot Put 4 kg Midget

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===					
	Name	Year School	Seed	Finals	
Points					
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===					
1	Jon Grant	Highland	11.59m	13.00m	6
2	Brody Thompson	Lakeshore CH	12.63m	12.43m	4
3	Mychael Brew	St. Catharin	12.27m	12.27m	3
4	Bowman Barnett	Eastdale SS	10.95m	12.11m	2
5	Trevor McEneny	South Lincol	11.94m	11.48m	1
6	Sam Conhiser	Ridge-Cr HS	11.49m	11.47m	
7	Evan Vlajkov	Grimsby Dss	11.32m	11.14m	
8	Ben Vanrootselaar	Guido de Bre	10.14m	10.89m	
9	Alexander Martynek	Holy Cross H	10.25m	10.63m	
10	Jake Williams	Sir Allan Ma	11.30m	10.31m	
11	Josh Arnold	South Lincol	9.92m	10.24m	
12	Dalton Matiasz	Ridge-Cr HS	11.32m	10.01m	
13	Brad Vyn	Hamilton Dis	9.84m	9.39m	
14	Spencer Brown	Ridge-Cr HS	10.73m	7.39m	

Men Discus Throw 1 kg Midget

Name	Year School	Seed	Finals	Points
1 Mychael Brew	St. Catharin	35.20m	34.80m	6
2 Jon Grant	Highland	31.78m	34.22m	4
3 Sam Conhiser	Ridge-Cr HS	32.43m	33.25m	3
4 Dalton Matiasz	Ridge-Cr HS	30.68m	32.73m	2
5 Ben Vanrootselaar	Guido de Bre	26.55m	31.24m	1
6 Evan Vlajkov	Grimsby Dss	26.70m	29.30m	
7 Zack Kreuger	Port Colborn	26.42m	28.73m	
8 Nik Susnyar	Grimsby Dss	26.73m	26.55m	
9 Brad Vyn	Hamilton Dis	25.09m	26.52m	
10 Fletcher Staton	Sherwood	22.55m	22.91m	
11 Alec Davis	Ridge-Cr HS	29.15m	22.11m	
12 Trevor McEneny	South Lincol	23.79m	21.49m	
13 Stewart Joyner	South Lincol	24.37m	18.00m	

Men Javelin Throw 600g Midget

Name	Year School	Seed	Finals	Points
1 Dalton Matiasz	Ridge-Cr HS	40.66m	39.05m	6
2 Nathan Boyd	Ridge-Cr HS	43.99m	36.45m	4
3 Brody Thompson	Lakeshore CH	43.15m	35.83m	3
4 Mychael Brew	St. Catharin	30.39m	34.60m	2
5 Owen Sloots	Guido de Bre	36.52m	34.34m	1
6 Jon Grant	Highland	31.96m	33.99m	
7 Mitch Vail	Ridge-Cr HS	38.02m	30.32m	
8 Joe Zantingh	Smithville D	35.56m	29.82m	
9 Robert Thewles	Port Colborn	35.75m	27.28m	
10 Sean Mitro	Highland	26.81m	26.63m	
11 Nik Susnyar	Grimsby Dss	27.83m	25.50m	
12 Brett VanLuik	Guido de Bre	26.98m	23.11m	
13 Jake Williams	Sir Allan Ma	28.89m	22.91m	
14 Richard Stewart	South Lincol	33.33m	22.53m	
15 Evan Vlajkov	Grimsby Dss	23.70m	20.59m	

Men 100 Meter Dash Junior

Name	Year School	Seed	Prelims	H#
1 Marcus Wu	Westmount	11.67	11.85q	2
2 Steve Bos	Guido de Bre	12.03	11.86q	1
3 Kyle Nardangeli	Denis Morris	11.96	11.96q	1
4 Jesse Begg	Myer, A.N.	12.14	12.00q	1
5 Nicholas Bartlett	Beamsville D	12.07	12.08q	2
6 Eric Breedon	Westlane	12.24	12.10q	1
7 Kaelan Urich	Sir Allan Ma	12.30	12.18q	2
8 Carson Firth	Grimsby Dss	12.11	12.25q	2

9	Jeremy Espino	St. Francis	12.27	12.34	2
10	Alex Burla	Blessed Trin	12.57	12.38	1
11	Brad Main	Westlane	12.39	12.54	1
12	Alex Eikelboom	Guido de Bre	12.43	12.57	2
13	Eric Pot	Hamilton Dis	12.31	12.59	1
14	Kevin Vannatter	Ridge-Cr HS	12.53	12.61	2
15	Dylan Hoeksema	Crossley	12.62	12.82	1

Men 100 Meter Dash Junior

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Name	Year	School	Prelims	Finals	
Points					
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Finals					
1	Marcus Wu	Westmount	11.85	11.68	6
2	Steve Bos	Guido de Bre	11.86	11.93	4
3	Kyle Nardangeli	Denis Morris	11.96	12.00	3
4	Jesse Begg	Myer, A.N.	12.00	12.04	2
5	Nicholas Bartlett	Beamsville D	12.08	12.05	1
6	Eric Breedon	Westlane	12.10	12.07	
7	Carson Firth	Grimsby Dss	12.25	12.14	
8	Kaelan Urich	Sir Allan Ma	12.18	12.17	

Men 200 Meter Dash Junior

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Name	Year	School	Seed	Finals	H#
Points					
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1	Steve Bos	Guido de Bre	24.03	24.09	2
6	Nicholas Bartlett	Beamsville D	24.59	24.26	2
4	Garrett Dion	Churchill, S	24.42	24.40	2
3	Kyle Nardangeli	Denis Morris	25.06	24.41	2
2	Nick Rizzo	Crossley	25.64	24.52	1
1	Elijah Kalenuik	Ridge-Cr HS	24.86	24.57	2
7	Jesse Begg	Myer, A.N.	24.97	24.72	2
8	Carson Firth	Grimsby Dss	25.06	24.84	2
9	Kaelan Urich	Sir Allan Ma	25.27	24.99	1
10	David Chernish	Centennial S	24.81	25.33	2
11	Jake Verrips	Hamilton Dis	25.73	25.61	1
12	Eric Pot	Hamilton Dis	25.38	25.72	1
13	Brett MacDougall	Grimsby Dss	26.01	25.76	1
14	Jacob Rinas	Westdale	25.74	26.45	1

Men 400 Meter Dash Junior

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Name	Year	School	Seed	Finals	H#
Points					

6	1	Garrett Dion	Churchill, S	55.18	53.53	2
4	2	Nick Rizzo	Crossley	55.54	54.29	2
3	3	Luke Doherty	Denis Morris	59.13	56.43	2
2	4	Jacob Rinas	Westdale	57.60	57.63	2
1	5	Brock Martin	Grimsby Dss	58.48	57.71	2
	6	Kyle Nardangeli	Denis Morris	1:00.11	57.90	1
	7	Jake Verrips	Hamilton Dis	58.18	57.98	2
	8	Troy Hunenult	Lakeshore CH	57.39	58.14	2
	9	Mohammed Balousha	Sir Allan Ma	1:00.23	58.77	1
	10	Stephen Smith	Centennial S	1:00.29	59.04	1
	11	Josh Ravensbergen	Guido de Bre	58.61	59.08	2
	12	Spencer Wunsche	Hamilton Dis	59.81	59.71	1
	13	Nicholas Davey	St. Catharin	1:00.67	59.77	1
	14	Ben Korody	Ridge-Cr HS	59.24	1:00.71	1
	15	Travis Longland	Dunnville SS	59.39	1:00.91	1

Men 800 Meter Run Junior

Points	Name	Year School	Seed	Finals		
	1	Troy Smith	Grimsby Dss	2:03.56	1:59.50	6
	2	Liam Smith	Highland	2:02.69	1:59.67	4
	3	T.J. Kountourogianis	Westlane	2:07.65	2:02.85	3
	4	Mohammed Balousha	Sir Allan Ma	2:20.50	2:14.86	2
	5	Shane Bethlehem	Guido de Bre	2:20.83	2:15.75	1
	6	Zachary Godin	Churchill, S	2:16.71	2:19.54	
	7	Josh Ravensbergen	Guido de Bre	2:22.16	2:20.30	
	8	Ben Dale	Great Lakes	2:20.23	2:20.58	
	9	Kyle Gonci	Sir Allan Ma	2:15.71	2:21.23	
	10	Tyler Young	Crossley	2:30.74	2:24.36	
	11	Travis Longland	Dunnville SS	2:27.54	2:24.87	
	12	Luke Doherty	Denis Morris	2:27.66	2:29.55	
	13	Stephen Smith	Centennial S	2:36.91	2:29.82	
	14	David Elviss	Crossley	2:36.42	2:33.89	
	15	Nasrudin Hassan	Laura Secord	2:43.05	2:46.38	

Men 1500 Meter Run Junior

Points	Name	Year School	Seed	Finals		
	1	Troy Smith	Grimsby Dss	4:12.38	4:10.34	6
	2	Liam Smith	Highland	4:25.24	4:12.11	4
	3	T.J. Kountourogianis	Westlane	4:18.68	4:15.05	3
	4	Kent Hambly	Ancaster Hig	4:32.15	4:23.34	2

5	Alex DelleMonache	Crossley	4:52.28	4:23.82	1
6	Brendan Sanders	Westlane	4:35.58	4:32.39	
7	Adam Smith	Laura Secord	4:53.15	4:47.18	
8	Calvin deJonge	Guido de Bre	4:48.62	4:49.13	
9	Dan Wanders	Guido de Bre	4:52.07	4:51.01	
10	Kyle Gonci	Sir Allan Ma	4:43.26	4:52.13	
11	Jay Shah	Westlane	5:07.35	4:54.10	
12	Luke Doherty	Denis Morris	5:14.57	5:14.90	
13	Kyle Van Hell	Centennial S	5:09.26	5:14.95	
14	Riley Dunda	Grimsby Dss	5:15.57	5:16.89	
15	James Bailey	West Park	5:26.29	5:22.20	

Men 3000 Meter Run Junior

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	Name	Year School	Seed	Finals		
Points						
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===						
	1	Kent Hambly	Ancaster Hig	9:28.23	9:40.04	6
	2	Alex DelleMonache	Crossley	10:14.22	9:48.30	4
	3	Adam Smith	Laura Secord	10:24.12	9:58.17	3
	4	Brendan Sanders	Westlane	10:06.96	10:06.85	2
	5	Brendan McDougall	Grimsby Dss	10:49.77	10:42.29	1
	6	Luke Stevens	Grimsby Dss	10:42.11	10:48.42	
	7	Kyle Gonci	Sir Allan Ma	11:03.71	10:55.49	
	8	Jay Shah	Westlane	11:47.01	11:05.82	
	9	Gallacher Patterson	Westmount	10:55.44	11:08.63	
	10	Kyle Van Hell	Centennial S	11:30.93	11:14.16	
	11	Crosbie Devin	Stamford Cvi	12:25.28	11:47.51	
	12	Andrew Perossa	Denis Morris	12:15.12	12:11.09	
	13	Nasrudin Nassan	Laura Secord	12:57.00	13:07.31	

Men 100 Meter Hurdles Junior

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	Name	Year School	Seed	Prelims	H#	
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Preliminaries						
	1	Marcus Wu	Westmount	14.91	15.26q	2
	2	Malcolm Corriette	Sherwood	15.41	15.49q	1
	3	Todd Robinson	Centennial S	15.50	15.95q	1
	4	Kevin Stones	Beamsville D	16.76	16.05q	1
	4	Peter Oliveira	Blessed Trin	16.01	16.05q	2
	6	Cole Martin	Cayuga Ss-Ca	15.55	16.12q	2
	7	Calvin Bond	Beamsville D	16.77	16.42q	2
	8	AJ Thompson	Highland	16.76	16.61q	1
	9	Kai Hansen	Laura Secord	17.04	16.63	2
	10	Jesse Hildebrand	Centennial S	17.41	17.81	1
	11	Matt Kohli	Crossley	18.99	18.35	2
	12	Ralph Del Pardo	Sherwood	18.96	18.52	2
	13	Desmond Stewart	Laura Secord	17.52	19.25	1
	13	Julian Dambrosio	Cayuga Ss-Ca	19.14	19.25	1

Men 100 Meter Hurdles Junior

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Name	Year School	Prelims	Finals	Points
1 Marcus Wu	Westmount	15.26	15.16	6
2 Malcolm Corriette	Sherwood	15.49	15.17	4
3 Cole Martin	Cayuga Ss-Ca	16.12	15.46	3
4 Todd Robinson	Centennial S	15.95	15.64	2
5 Peter Oliveira	Blessed Trin	16.05	15.79	1
6 AJ Thompson	Highland	16.61	15.82	
7 Kevin Stones	Beamsville D	16.05	15.92	
8 Calvin Bond	Beamsville D	16.42	16.46	

Men 300 Meter Hurdles Junior

Name	Year School	Seed	Finals	H#	Points
1 Marcus Wu	Westmount	45.49	43.16	2	6
2 Cole Martin	Cayuga Ss-Ca	44.47	43.54	2	4
3 Todd Robinson	Centennial S	44.28	43.92	2	3
4 Jamie Farrell	Grimsby Dss	46.04	44.05	2	2
5 Peter Oliveira	Blessed Trin	44.84	44.50	2	1
6 Calvin Bond	Beamsville D	45.82	44.89	2	
7 Elijah Kalenuik	Ridge-Cr HS	45.53	44.98	2	
8 Jesse Hildebrand	Centennial S	46.20	46.09	1	
9 Jordan Ingraham	Crossley	46.34	46.26	1	
10 AJ Thompson	Highland	54.14	46.30	1	
11 Mike Fortaleza	Churchill, S	46.91	46.32	1	
12 Desmond Stewart	Laura Secord	47.03	46.82	1	

Men 4x100 Meter Relay Junior

School	Seed	Finals	H#	Points
1 Westlane S S 'A'	49.33	47.65	2	6
2 Grimsby D S S 'A'	48.39	47.85	2	4
3 Ridgeway-Crystal Beach 'A'	49.27	48.26	2	3
4 Lakeshore C H S 'A'	49.84	48.30	2	2
5 E. L. Crossley S S 'A'	49.04	48.37	2	1
6 Centennial S S 'A'	49.57	48.82	2	

7	Hamilton District	'A'	50.46	50.02	2
8	Sir Allan MacNab	'A'	52.92	51.15	1
9	Blessed Trinity H S	'A'	53.51	53.76	1
10	Laura Secord S S	'A'	53.28	53.95	1
11	Orchard Park	'A'	51.21	56.25	2

Men High Jump Junior

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Points	Name	Year	School	Seed	Finals
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===					
1	J.T. Hunt		St. Michael	1.70m	1.80m 6
2	Tyler Vachon		Myer, A.N.	1.70m	1.75m 4
3	Kevin Stones		Beamsville D	1.65m	1.65m 3
4	Nathan Hutten		Guido de Bre	1.55m	J1.65m 2
5	Drew Regnerus		Hamilton Dis	1.65m	J1.65m 1
6	Kyle Schertzer		Churchill, S	1.65m	1.60m
7	Jake Stewart		Parkside	1.70m	J1.60m
8	Bailey Riesebosch		Guido de Bre	1.60m	J1.60m
9	Kass Burnett		Westlane	1.60m	J1.60m
10	Mitchell Peebles		Eastdale SS	1.65m	J1.60m
11	Matt DiSimoni		Denis Morris	1.60m	1.55m
12	Scott Roth		Hamilton Dis	1.50m	1.50m
12	Julian Dambrosio		Cayuga Ss-Ca	1.55m	1.50m

Men Pole Vault Junior

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Points	Name	Year	School	Seed	Finals
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===					
1	Jesse Marcil		Ridge-Cr HS	2.75m	3.35m 6
2	Alex Clements		Ridge-Cr HS	2.30m	2.50m 4
3	Hunter Salomons		Crossley	2.00m	2.35m 3
4	Eric St. Pierre		Ridge-Cr HS	2.00m	2.20m
1.50					
4	Elijah Kalenuik		Ridge-Cr HS	2.75m	2.20m
1.50					

Men Long Jump Junior

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Points	Name	Year	School	Seed	Finals
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===					
1	Josh Hayes		Lakeshore CH	5.67m	5.71m 6
2	Garrett Dion		Churchill, S	5.58m	5.63m 4
3	Steve Bos		Guido de Bre	5.38m	5.54m 3
4	Malcolm Corriette		Sherwood	5.08m	5.46m 2
5	Jordan Ingraham		Crossley	5.30m	5.45m 1
6	Jake Stewart		Parkside	5.15m	5.40m
7	Shawn Epp-Strachan		Denis Morris	5.24m	5.27m
8	Nathan Hutten		Guido de Bre	5.20m	5.14m

9	Cole Morrison	Grimsby Dss	5.04m	5.08m
10	Ben Gadsby	Beamsville D	5.22m	5.07m
11	Kass Burnett	Westlane	5.38m	5.06m
12	Tom Nguyen	Westlane	5.09m	4.93m
13	Mark Rankin	Churchill, S	5.20m	4.92m
--	Brad Main	Westlane	5.18m	FOUL

Men Triple Jump Junior

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Points	Name	Year	School	Seed	Finals
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===					
1	Jordan Ingraham		Crossley	11.89m	11.80m 6
2	Josh Hayes		Lakeshore CH	11.59m	11.62m 4
3	Calvin Bond		Beamsville D	11.17m	11.09m 3
4	Mike Fortaleza		Churchill, S	11.12m	11.07m 2
5	Brock Devries		South Lincol	11.30m	10.88m 1
6	Cole Morrison		Grimsby Dss	11.06m	10.69m
7	Shawn Epp-Strachan		Denis Morris	10.75m	10.68m
8	Curtis Cain		Orchard Park	9.94m	10.10m
9	Fraser Slaa		Guido de Bre	9.92m	9.87m
10	Scott Schulenberg		Guido de Bre	8.91m	9.86m
11	Nathan Hutten		Guido de Bre	10.45m	9.83m
12	Julian Dambrosio		Cayuga Ss-Ca	10.85m	J9.83m

Men Shot Put 4 kg Junior

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Points	Name	Year	School	Seed	Finals
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===					
1	Connor Thompson		Centennial S	13.10m	13.88m 6
2	Chris Kenny		Denis Morris	13.08m	13.59m 4
3	Tanner Demers		Lakeshore CH	13.25m	13.27m 3
4	Kana Gazaz		Sherwood	11.80m	12.42m 2
5	Jacob Moore		Blessed Trin	11.32m	12.23m 1
6	Ben Dale		Great Lakes	11.55m	12.22m
7	Riley Dunda		Grimsby Dss	11.90m	12.14m
8	Aaron Williams		Guido de Bre	10.77m	11.63m
9	Dylan Hoeksema		Crossley	11.21m	11.48m
10	Scott Roth		Hamilton Dis	10.41m	11.08m
11	Brody Ostermaier		Port Colborn	11.22m	10.89m
12	Tyler Mans		Guido de Bre	10.24m	10.55m
13	Patrick Ricci		Westlane	11.09m	10.22m
14	Jeremy Shaw		Hamilton Dis	8.24m	8.79m

Men Discus Throw 1 kg Junior

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Points	Name	Year	School	Seed	Finals
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===					
1	Steven Falk		Eden High Sc	45.29m	42.61m 6

2	Zachary Koroll	SOGS	43.38m	41.93m	4
3	Jason Rhodes	St. Paul HS	34.49m	37.35m	3
4	Dean Conway	SOGS	31.75m	36.62m	2
5	Brody Ostermaier	Port Colborn	32.59m	31.63m	1
6	Josh Smith	Myer, A.N.	33.37m	31.14m	
7	Dalton Brady	Centennial S	29.07m	28.79m	
8	Ethan Vandenboogarrd	Port Colborn	29.58m	27.56m	
9	Aaron Williams	Guido de Bre	21.53m	23.94m	
10	Adam Schweinbenz	Blessed Trin	30.55m	23.83m	
11	Tyler Mans	Guido de Bre	20.57m	23.60m	
12	Jeremy Shaw	Hamilton Dis	21.24m	23.23m	
13	Nathan Gillespie	Hamilton Dis	23.42m	23.17m	
14	Zach Cropper	Hamilton Dis	22.77m	21.10m	

Men Javelin Throw 600g Junior

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	Name	Year School	Seed	Finals	
Points					
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===					
1	Randy Hutton	Blessed Trin	45.06m	44.00m	6
2	Reece Fisher	St. Paul HS	44.38m	41.08m	4
3	Jason Rhodes	St. Paul HS	43.10m	41.02m	3
4	Riley Dunda	Grimsby Dss	40.89m	39.01m	2
5	Shawn Epp-Strachan	Denis Morris	35.33m	35.37m	1
6	Nathan Gillespie	Hamilton Dis	29.45m	33.61m	
7	Josh Smith	Myer, A.N.	39.05m	33.59m	
8	Keaton Myers	Crossley	38.47m	32.72m	
9	Sean Stel	Guido de Bre	40.02m	29.80m	
10	Ben Cobb	Churchill, S	33.75m	29.39m	
11	Joon Choi	St. Michael	36.36m	28.68m	
12	Zach Cropper	Hamilton Dis	29.75m	26.90m	
--	Chris Kenny	Denis Morris	31.29m	FOUL	

Men 100 Meter Dash Senior

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	Name	Year School	Seed	Prelims	H#
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Preliminaries					
1	Daniel Gayle	Barton S.S.	11.39	11.44q	1
1	John Augustine	Notre Dame C	11.42	11.44q	2
3	Lucas Schinkel	Lakeshore CH	11.47	11.46q	1
4	Nathan Merritt	Ridge-Cr HS	11.43	11.47q	2
5	Alex Bourgeois	Sir Winston	11.36	11.53q	2
6	Jeremy Haggarty	Highland	11.76	11.69q	1
7	Dan (Daniel) Domagala	Holy Cross H	11.91	11.71q	2
8	Josh Forester	Blessed Trin	11.77	11.74q	1
9	Mike Schinkel	Ridge-Cr HS	11.64	11.84	2
10	Bobby Anderson	Barton S.S.	11.65	11.88	2
11	Jordon Clout	SOGS	12.22	12.45	2
12	Tyler DiSimoni	Denis Morris	12.42	12.48	1
--	Sean Edwards	Sherwood	11.40	DQ	1
--	Colton Ambrosio	Notre Dame C	11.53	DQ	1

Men 100 Meter Dash Senior

Name	Year	School	Prelims	Finals	
1 Daniel Gayle		Barton S.S.	11.44	11.41	6
2 Nathan Merritt		Ridge-Cr HS	11.47	11.49	4
3 John Augustine		Notre Dame C	11.44	11.50	3
4 Lucas Schinkel		Lakeshore CH	11.46	11.53	2
5 Alex Bourgeois		Sir Winston	11.53	11.61	1
6 Jeremy Haggarty		Highland	11.69	11.74	
7 Josh Forester		Blessed Trin	11.74	11.80	
8 Dan (Daniel) Domagala		Holy Cross H	11.71	11.85	

Men 200 Meter Dash Senior

Name	Year	School	Seed	Finals	H#
1 Dylan Brennand		Crossley	22.30	22.41	2
2 Lucas Schinkel		Lakeshore CH	23.01	23.31	2
3 John Augustine		Notre Dame C	23.24	23.44	2
4 Daniel Gayle		Barton S.S.	23.59	23.47	2
5 Jeremy Haggarty		Highland	23.62	24.02	2
6 Matt Jessome		St. Francis	24.67	24.05	1
7 Josh Forester		Blessed Trin	24.91	24.06	1
8 Darren Periera		Ridge-Cr HS	23.41	24.09	2
9 Tyson Vanzie		Highland	23.87	24.11	1
10 Ryan Belisle		Grimsby Dss	24.94	24.50	1
11 Bobby Anderson		Barton S.S.	23.67	25.21	2
12 Brandon Rogers		SOGS	25.74	25.48	1
13 Mike Schinkel		Ridge-Cr HS	23.75	29.54	1

Men 400 Meter Dash Senior

Name	Year	School	Seed	Finals	H#
1 Dylan Brennand		Crossley	50.28	49.80	2
2 Mitchell DelleMonache		Crossley	52.99	51.63	2
3 Ken Slessor		Grimsby Dss	52.96	52.23	2
4 Stuart Hunter		Highland	53.94	52.73	2

5	Ben Savoy	St. Paul HS	54.96	53.84	2
1	6 Dalton Rawcliffe	Hagersville	55.83	54.56	1
	7 Neil Roth	Hamilton Dis	55.35	55.04	2
	8 Brandon Rogers	SOGS	55.38	55.36	1
	9 Ryan Belisle	Grimsby Dss	55.67	56.07	1
	10 Luke Honsberger	Laura Secord	58.24	56.96	1
	11 Charles DeLeon	Sir Allan Ma	56.90	56.99	1
	12 Reeves Anthony	Orchard Park	56.42	57.22	1
	13 Tyler Moss	Crossley	56.02	58.52	1

Men 800 Meter Run Senior

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Points	Name	Year School	Seed	Finals	
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===					
1	Chris Hutton	Churchill, S	1:58.33	1:56.54	6
2	Trevor Janssen	Eden High Sc	2:00.59	2:00.81	4
3	Austen Forbes	Highland	2:06.53	2:02.39	3
4	Adam Rowles	Highland	2:11.59	2:03.17	2
5	Connor Doherty	Churchill, S	2:09.68	2:03.43	1
6	Simon Moriello	St. Paul HS	2:06.66	2:03.48	
7	Ben Savoy	St. Paul HS	2:11.39	2:04.25	
8	Taylor Laekeman	Churchill, S	2:11.39	2:08.17	
9	Warren Vansydenborgh	Guido de Bre	2:14.12	2:11.38	
10	Neil Roth	Hamilton Dis	2:15.36	2:15.49	
11	Colin Busse	Orchard Park	2:14.68	2:17.78	
12	Shane Pembleton	Fort Erie SS		2:23.04	
13	Adam George	Fort Erie SS	2:23.44	2:23.44	

Men 1500 Meter Run Senior

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Points	Name	Year School	Seed	Finals	
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===					
1	Chris Hutton	Churchill, S	4:11.91	4:04.11	6
2	Trevor Janssen	Eden High Sc	4:19.26	4:05.36	4
3	Austen Forbes	Highland	4:13.61	4:06.66	3
4	Brayden Seneca	Notre Dame C	4:11.98	4:07.94	2
5	Rui Xu	Westdale	4:16.25	4:09.36	1
6	Simon Moriello	St. Paul HS	4:22.93	4:15.63	
7	Paul Kolb	Highland	4:20.44	4:18.80	
8	Ryan Mecca	St. Michael	4:29.40	4:24.60	
9	Ibrahim Ahmed	St. Francis	4:14.85	4:25.61	
10	Taylor Laekeman	Churchill, S	4:23.67	4:36.05	
11	Connor Doherty	Churchill, S	4:25.13	4:44.74	
--	Connor Ferriday	Lakeshore CH	4:51.05	DNF	
--	Marcel Leblanc	Eastdale SS	4:54.96	DNF	
--	Taylor Forbes	Highland	4:25.41	DQ	

Men 3000 Meter Run Senior

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Name	Year School	Seed	Finals	Points
1 Ibrahim Ahmed	St. Francis	9:08.87	9:01.18	6
2 Paul Kolb	Highland	9:10.58	9:05.49	4
3 Rui Xu	Westdale	9:26.99	9:12.57	3
4 Brayden Seneca	Notre Dame C	9:28.45	9:17.55	2
5 Taylor Forbes	Highland	9:07.72	9:27.42	1
6 Derek Hambly	Ancaster Hig	9:27.04	9:31.86	
7 Grant Wignall	Denis Morris	9:40.35	9:40.74	
8 Ryan Mecca	St. Michael	9:53.51	9:50.84	
9 Mitchell Deba	Crossley	10:18.56	9:54.04	
10 Bradley Wilcox	Westmount	9:50.11	9:57.16	
11 Sean Goddard	SOGS	10:06.04	10:01.60	
12 Daniel Peters	Denis Morris	10:15.18	10:25.07	

Men 110 Meter Hurdles (NEW-36") Senior

Name	Year School	Seed	Prelims	H#
1 Nicolas Katulic-Ducharme	Centennial S	15.61	15.58q	1
2 Marty Richardson	Centennial S	15.58	15.97q	2
3 Ken Slessor	Grimsby Dss	17.58	16.69q	2
4 Errol Stewart	Sherwood	16.88	16.84q	1
5 Jacob VanLangeveld	Cayuga Ss-Ca	17.35	17.25q	2
6 Cam Gerrie	Highland	17.83	17.95q	1
7 Joe Salter	Laura Secord	19.20	18.53q	1
8 Evan Elliott	Crossley	18.89	18.81q	1
9 Chase Kivell	Highland	19.00	18.82	2
10 Mitchell Ayers	Cayuga Ss-Ca	18.92	18.92	2
11 Isaac Bates	Hamilton Dis	19.12	19.33	1
12 Nathan Keen	Smithville D	20.93	20.37	2

Men 110 Meter Hurdles (NEW-36") Senior

Name	Year School	Prelims	Finals	Points
1 Nicolas Katulic-Ducharme	Centennial S	15.58	15.06	6
2 Marty Richardson	Centennial S	15.97	15.87	4
3 Errol Stewart	Sherwood	16.84	16.46	3
4 Ken Slessor	Grimsby Dss	16.69	16.99	2
5 Cam Gerrie	Highland	17.95	17.00	1
6 Jacob VanLangeveld	Cayuga Ss-Ca	17.25	17.38	
7 Joe Salter	Laura Secord	18.53	17.55	
8 Evan Elliott	Crossley	18.81	18.48	

Men 400 Meter Hurdles Senior

Name	Year School	Seed	Finals	H#
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Points	Rank	Name	School	Seed	Finals	H#
6	1	Mitchell DelleMonache	Crossley	59.92	57.31	2
4	2	Marty Richardson	Centennial S	1:00.69	1:00.07	2
3	3	Ken Slessor	Grimsby Dss	1:01.10	1:00.91	2
2	4	Jamie Fazekas	Ridge-Cr HS	1:04.19	1:03.15	2
1	5	Cam Gerrie	Highland	1:06.52	1:04.72	1
	6	Jacob VanLangeveld	Cayuga Ss-Ca	1:05.60	1:06.99	2
	7	Isaac Bates	Hamilton Dis	1:06.72	1:07.01	1
	8	Joe Salter	Laura Secord	1:08.92	1:11.77	1
	9	Mitchell Ayers	Cayuga Ss-Ca	1:13.11	1:20.58	1

Men 4x100 Meter Relay Senior

Points	Rank	School	Seed	Finals	H#
6	1	Ridgeway-Crystal Beach 'A'	46.14	45.07	2
4	2	Barton S.S. 'A'	48.31	46.14	2
3	3	Highland 'A'	47.58	46.42	2
2	4	Centennial S S 'A'	47.21	46.61	2
1	5	A.N. Myer S S 'A'	47.95	46.66	2
	6	Sherwood 'A'	47.19	46.85	2
	7	Blessed Trinity H S 'A'	48.03	47.06	2
	8	St. Francis S S 'A'	48.75	47.19	1
	9	Cayuga S S 'A'	48.61	47.70	2
	10	Guido de Bres 'A'	49.45	47.85	1
	11	Grimsby D S S 'A'	51.86	50.49	1
	--	Laura Secord S S 'A'	49.57	DNF	1
	--	Waterdown 'A'	49.62	DQ	1

Men High Jump Senior

Points	Rank	Name	Year School	Seed	Finals
	1	Hwang Lee	Westdale	1.85m	1.93m
	2	Brandon Sonnenberg	Ridge-Cr HS	1.80m	1.80m
	3	Jack Daneyko	Myer, A.N.	1.88m	J1.80m
	4	Dakota Lamarre	Centennial S	1.80m	1.75m
	5	Badar Mugaruwa	St. Paul HS	1.80m	1.70m
	6	Kyle Boverhof	Guido de Bre	1.70m	J1.70m
	6	Devin VanHoffen	Smithville D	1.70m	J1.70m

8	Manny Rataul	Orchard Park	1.80m	1.65m
8	Dylan Christiansen	Laura Secord	1.70m	1.65m
8	Cody Taylor	Sherwood	1.70m	1.65m
11	Cody Lahaie	SOGS	1.70m	1.60m
11	Matthew Watson	Stamford Cvi	1.60m	1.60m
11	Peter Williams	Hamilton Dis	1.65m	1.60m
--	Tyler DiSimoni	Denis Morris	1.55m	NH

Men Pole Vault Senior

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Points	Name	Year	School	Seed	Finals
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===					
1	Nicolas Katulic-Ducharme		Centennial S	3.40m	3.55m 6
2	Andrew Michalak		Notre Dame C	2.80m	3.40m 4
3	Victor Falvo		Laura Secord	2.00m	3.25m 3
4	Joe Salter		Laura Secord	3.20m	J3.25m 2
5	Justin Pepper		Hagersville	3.10m	3.10m 1
6	Season Chanthaphonh		Laura Secord	2.00m	2.95m
7	Matt Mancuso		Notre Dame C	2.50m	2.80m
8	Joel Cornelius		Crossley	2.50m	2.65m
9	Kevin Chanh savang		Laura Secord	2.00m	2.50m

Men Long Jump Senior

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Points	Name	Year	School	Seed	Finals
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===					
1	Blake McPherson		SOGS	6.20m	6.47m 6
2	Daniel Gayle		Barton S.S.	6.44m	6.42m 4
3	Nicolas Katulic-Ducharme		Centennial S	5.89m	6.08m 3
4	Nathan Merritt		Ridge-Cr HS	6.11m	6.03m 2
5	Cody Taylor		Sherwood	5.87m	5.86m 1
6	Hwang Lee		Westdale	5.59m	5.78m
7	Jake Fiorucci		St. Paul HS	5.68m	5.69m
8	Sopheak Cheam		Sherwood	5.75m	5.58m
9	Dyllan Kozack		Cayuga Ss-Ca	5.57m	5.48m
10	Aaron Shrum		South Lincol	5.43m	5.47m
11	Chris DesRoche		Hill Park	5.51m	5.44m
12	Badar Mugaruwa		St. Paul HS	5.78m	5.25m
13	Dahlen Cook		St. Francis	5.54m	5.18m
14	Matt Jessome		St. Francis	5.42m	5.14m
--	Cory Pattison		Holy Cross H	5.39m	DNF

Men Triple Jump Senior

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Points	Name	Year	School	Seed	Finals
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===					
1	Blake McPherson		SOGS	12.27m	12.59m 6
2	Troy Laguerre		Stamford Cvi	12.95m	12.44m 4

3	Aaron Shrum	South Lincol	11.51m	11.32m	3
4	Matthew Watson	Stamford Cvi	11.52m	11.28m	2
5	Andrew Bosscher	Guido de Bre	10.82m	11.27m	1
6	Steven Voorberg	Hamilton Dis	11.08m	11.22m	
7	Jake Fiorucci	St. Paul HS	11.50m	11.15m	
8	Andrew Reinhardt	Ridge-Cr HS	11.17m	10.92m	
9	Dahlen Cook	St. Francis	11.51m	10.83m	
10	David Martin	Ancaster Hig	11.17m	J10.83m	
11	Austin Kit	Orchard Park	11.32m	10.82m	
12	Jaleel Ward	Denis Morris	11.76m	10.79m	
13	Mark Groen	Hamilton Dis	10.55m	10.45m	

Men Shot Put 12 lb Senior

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	Name	Year School	Seed	Finals		
Points						
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===						
	1	Ray Dykstra	Grimsby Dss	14.51m	14.94m	6
	2	Brandon Jozwiak	Hagersville	12.88m	13.36m	4
	3	Nico Scott	West Park	12.58m	13.35m	3
	4	Kyle Marr	Dunnville SS	12.80m	12.43m	2
	5	Steven Harder	Beamsville D	11.71m	12.15m	1
	6	Matt Woehl	Ridge-Cr HS	11.86m	11.47m	
	7	Barry Hill	Port Colborn	12.20m	11.08m	
	8	DP Mainse	Blessed Trin	11.80m	10.95m	
	9	Brock Vandergast	Guido de Bre	10.98m	10.53m	
	10	Derek Adam	Ancaster Hig	10.27m	9.95m	
	11	Tousif Alamgir	Saltfleet	10.94m	9.81m	
	12	Justin Abraham	Waterdown	10.38m	9.53m	
	--	Joel Williams	Blessed Trin	11.93m	FOUL	

Men Discus Throw 1.6 kg Senior

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	Name	Year School	Seed	Finals		
Points						
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===						
	1	Ray Dykstra	Grimsby Dss	45.78m	46.85m	6
	2	Matt Woehl	Ridge-Cr HS	44.17m	44.59m	4
	3	Barry Hill	Port Colborn	41.86m	41.74m	3
	4	Matt Martz	Ridge-Cr HS	37.61m	35.45m	2
	5	Kyle Marr	Dunnville SS	32.36m	34.95m	1
	6	Brandon Kukhta	Blessed Trin	35.18m	34.84m	
	7	Nico Scott	West Park	37.92m	32.92m	
	8	Tynan Burch	Waterdown	28.01m	28.98m	
	9	Conner Hickingbottom	Grimsby Dss	27.99m	26.06m	
	10	Andrew Bosscher	Guido de Bre	30.01m	25.83m	
	11	Derek Smith	Highland	31.13m	25.74m	
	12	Josh Janzen	Saltfleet	31.79m	25.69m	
	13	Peter Williams	Hamilton Dis	27.23m	24.96m	
	14	Jackson Rand	Blessed Trin	29.33m	24.89m	
	15	Tim Upshall	Myer, A.N.	32.57m	23.04m	

Men Javelin Throw 800g Senior

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Name          Year School          Seed      Finals
Points
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===
1 Ray Dykstra      Grimsby Dss          63.12m    57.37m    6
2 Shawn Pellizari Jean Vanier          54.00m    45.86m    4
3 Conner Hickingbottom Grimsby Dss        47.62m    45.73m    3
4 Levi Mackenzie  Ridge-Cr HS         47.20m    44.91m    2
5 Derek Smith     Highland            36.78m    43.88m    1
6 Mitchell DelleMonache Crossley            50.10m    42.18m
7 Nico Scott      West Park           44.41m    42.07m
8 Dylan Niece     Port Colborn        47.50m    39.94m
9 Steven Voorberg Hamilton Dis        35.24m    37.04m
10 Jake Cripps    Ridge-Cr HS         45.15m    35.76m
11 Derek Adam     Ancaster Hig        36.72m    34.75m
12 Joe Blackborow Blessed Trin         43.60m    34.21m
13 Dylan Thompson Grimsby Dss         40.10m    J34.21m
14 Josh Janzen    Saltfleet           34.90m    32.75m
-- Ben Csiernik  Westdale            39.25m    FOUL

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Men 2000 Meter Steeplechase Open

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Name          Year School          Seed      Finals
Points
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1 Derek Hambly    Ancaster Hig        6:40.65   6:41.79   6
2 Adam Rowles     Highland            6:56.70   6:46.39   4
3 Andrew Scotland Crossley            6:49.42   6:51.35   3
4 Mitchell Deba   Crossley            7:07.85   6:56.13   2
5 Warren Vansydenborgh Guido de Bre        7:01.55   7:04.53   1
6 Marcel Leblanc  Eastdale SS         7:28.26   7:05.65
7 Garrison Barkway Eden High Sc        7:13.65   7:23.80
8 Adam Smith     Laura Secord        7:35.77   7:27.15
9 Jamie Farrell  Grimsby Dss         7:28.84   7:29.82
10 Luke Stevens   Grimsby Dss         7:26.40   7:33.30
11 Patrick Sullivan Delta                7:26.84   7:41.05
12 Tyler Young    Crossley            7:35.01   7:43.33
13 Brendan McDougall Grimsby Dss        7:29.55   7:50.56
14 Erroll Bokma   Centennial S        7:52.74   7:51.73

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Men 4x400 Meter Relay Open

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School          Seed      Finals  H#
Points
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1 Sir Winston Churchill S S 'A'          3:37.76   3:32.00   2
6
2 Highland 'A'          3:44.49   3:33.29   2
4
3 E. L. Crossley S S 'A'          3:46.87   3:33.33   2
3

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4	Ridgeway-Crystal Beach	'A'	3:53.25	3:35.54	2
2					
5	Grimsby D S S	'A'	3:40.37	3:37.08	2
1					
6	Notre Dame College	'A'	4:01.06	3:42.79	2
7	Hamilton District	'A'	3:48.09	3:44.15	2
8	Denis Morris H S	'A'	3:56.02	3:51.26	2
9	Beamsville D S S	'A'	4:02.66	3:51.68	1
10	Guido de Bres	'A'	4:05.93	3:57.25	1
11	Centennial S S	'A'	4:04.18	3:58.21	1
12	Lakeshore C H S	'A'	4:31.88	4:19.35	1
13	Sir John A MacDonald	'A'	4:39.99	4:24.72	1